





Vol. 15, No. 3

From the Beaches to the River District downtown Fort Myers

JANUARY 22, 2016





Young Mina Edison

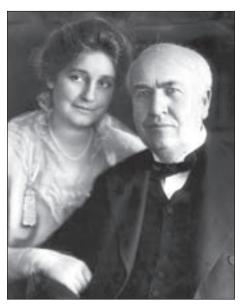
Mina Edison Three Performances For Hymn Sing

elebrate the Edison Festival of Light and help feed the hungry by attending Mrs. Edison's Hymn Sing on Tuesday, February 9 at First Presbyterian Church in downtown Fort Myers, at the corner of Second Street and Lee Street. This is the 27th anniversary of the hymn sing, which is organized and sponsored by

the Galloway Family of Dealerships. Because of its popularity, three performances are planned at 1 p.m., 4 p.m. and 7 p.m. The doors will open 30 minutes prior to each performance.

Admission is free, but due to the increased need for food for the hungry, organizers





Mina Edison at the piano

Mina and Thomas Edison

are requesting that those who attend bring cans of non-perishable food and a voluntary cash donation to benefit The Soup Kitchen of Community Cooperative.

"We need to help The Soup Kitchen by donating as much canned goods and cash as we can to help families who most need it in our community," said Sam Galloway, Jr., founder of Mrs. Edison's Hymn Sing.

Community Cooperative provided food and other services to 10,250 people last year. "There are even more families who need our help. Do what God would want you to do and give what you can," said Rev. Paul deJong of First Presbyterian Church.

Community Cooperative was started by First Presbyterian Church in 1984 to help continued on page 11

Taste Of Pine Island Is Next Weekend



The Freecoasters will perform at Taste of Pine Island on Saturday afternoon

he Kiwanis Club of Greater Pine Island will hold the annual Taste of Pine Island on Saturday, January 30 from 11 a.m. until 6 p.m. and Sunday, January 31 from 11 a.m. until 5 p.m. It will take place at Phillips Park, 5675 Sesame Drive, on Pine Island Road behind the Pine Island Fire Station. Single day tickets are \$6 and two-day passes are \$10. Children 10 and under are admitted free. Attendees who bring a donation of three or more non-perishable food items for the Pine Island Pantry will receive one dollar off the entrance fee.

The Taste will feature a large variety of food and craft vendors. The live entertainment continued on page 6



The Honey Creepers Band will be playing



Pappy Mellon's New Road Show will entertain Sunday

THE RIVER - JANUARY 22, 2016 Historic Downtown Fort Myers, Then And Now:

Old-Bridge Magic



by Gerri Reaves, PhD

his 1965 photo of the first Edison Bridge reminds us that not so long ago, the downtown riverfront was not just seawalls, but still a natural shore here and there. It also paints a dramatic contrast between the low humanscale first bridge and today's daunting twin-span bridge. The first Edison Bridge was one of several Depression-era

projects that provided a boost to the local economy and fostered long-term development and growth in Fort Myers. Opened to traffic in October 1930, the modern two-lane

concrete bridge immediately upstaged the 16-foot-wide Fremont Bridge in East Fort Myers, the first to be built over the Caloosa-

hatchee River. That "old wooden bridge," as it came to be called, had opened just six years before.

Several months after the Edison Bridge opened for traffic, Thomas A. Edison made a special trip for the dedication ceremony on his 84th birthday, February 11, 1931. It would be his last trip to his winter home; he died the following October.

The dedication had worldwide news coverage - both Paramount Studio and Movietone News were present - and dignitaries and prominent celebrities attended.

Due to concerns for the famous inventor's health, the festivities were less lavish than they might have been in an earlier year, and Edison did not make an address.

Thomas and Mina Edison rode in a slow-moving car across the mile-long bridge, escorted by a formal procession that included coeds from Fort Myers High School dressed in white and carrying white roses



The original Thomas A. Edison Memorial Bridge, pictured in 1965, extended from Fowler Street photo courtesy Florida State Archives



Today, the southbound lanes of the twin-span bridge spill onto Fowler Street. The building of the new bridge extended the street riverward. The northbound bridge is visible in the backaround (right). photo by Gerri Reaves

Oddly enough, the bridge named for the inventor of the light bulb did not have lights until late 1937. As the 1965 photo shows, by then those original bridge lights had been replaced.

If you want to see the original lights that graced the memorial bridge, take a look at the south side of the entrance to Edison Park on McGregor Boulevard, where several installed along the sidewalk.

In 1992, the current twin-span bridge replaced the old bridge, with a soaring southbound span at Fowler Street and a northbound one at Park Avenue. The 1931 bridge was destroyed.

The construction of a new bridge was inevitable, given the increase in traffic - 24 thousand vehicles and approximately 30 drawbridge openings per day – but people who remember the old bridge know something besides the tangible was lost.

There was a magic in approaching the bridge from the north side, skimming close over the broad Caloosahatchee shimmering in the moonlight, and seeing Fort Myers waiting on the other side.

Walk down to the riverfront at Fowler Street and imagine a rocky shoreline and a two-lane low bridge crossing to North Fort Myers.

Then, visit the Southwest Florida Museum of History at 2031 Jackson Street, where you can learn more about how bridge projects have shaped local history for more than a century.

For information, call 321-7430 or go to swflmuseumofhistory.com. Museum hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Then continue south on McGregor Boulevard to the Southwest Florida Historical Society's research center, where you can explore the Fort Myers of way-back-when.

The all-volunteer non-profit organization is at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

The center is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 or visit swflhistoricalsociety.org for more information.

Sources: The Archives of the Southwest Florida Historical Society and The Story of Fort Myers by Karl H. Grismer.☆



and Ken Rasi

Office Coordinator

Patricia Molloy

Anne Mitchell Jeff Lysiak

Marion Hauser, MS, RD Ross Hauser, MD Audrey Krienen Capt. Matt Mitchell Patricia Molloy Di Saggau Cynthia A. Williams



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Tom Hall

Fort Myers Art: Poetry Off The Shelf At Alliance



by Tom Hall elebrate

poetry and art during Broadsides: Poetry off the Shelf at the Alliance for the Arts on Thursday, January 28. Now in its third year, Broadsides features the words of 15

poets merged into printed posters with images created by 15 visual artists. You can see the finished broadsides and hear the poets read their works during a reception in the Foulds Theatre at the Alliance on Thursday, January 28 at 7 p.m. A \$10 donation is suggested.

- Poets • L.M. Davies
- Victoria Dym • Sara Fitzpatrick Comito
- Ruth Follmann
- Richard Fox
- Dan Graveley
- Marnie Heenan
- Joan Heller Winokur
- Eddie Krzeminski
- Mary Beth Lundgren
- Salvatore Marici
- Marilvn Mecca
- Joe Pacheco

Evil

Art by David Acevedo, poetry by John Robilotta. Broadsides features the words of 15 poets merged with the artwork of 15 visual artists. Opening reception is January 28.

- Dobie Pasco
- Shelby Whidden
- Artists
- Crystina Castiglione
- Pat Collins
- Steve Conley
- Stephanie Davis
- Veron Ennis
- Leigh Herndon
- Doug MacGregor
- Kellen Beck Mills
- Dani Papanikolaou
- Caren Pearson

Historically, broadsides are printed communications containing text and images, typically designed to be posted in public places. Limited edition prints of the 2016 broadsides will be exhibited in the Alliance theater lobby throughout January and will be available for purchase.

Lee County Alliance for the Arts is

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located at 10091 McGregor Boulevard. Fort Myers near the Colonial Boulevard intersection. For more information about this annual celebration of poetry and art, visit www.ArtInLee.org or call 939-2787.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.举

Pioneering Women Book

century ago, the first woman to be mayor of a city in Florida was Marian O'Brien, who was elected in 1916 when the little town of Moore Haven, west of Lake Okeechobee, was incorporated. Included in its statutes was the right to vote for women - three years before Amendment 19 was passed in 1919.

O'Brien was a competent business woman who took over her husband's holdings in remote Florida after he suddenly passed away. She created a bank, a hotel and other amenities for the new town. She then went on to help found Clewiston and the sugar industry there.

Read more about this amazing woman who achieved so much in those early days in the new book Women In The *Everglades*, which describes some of the continued on page 5

American Legion Post 274

n Friday, January 22, the Kiwanis Club meets for breakfast at 7:30 a.m. at The American Legion Melvin Cowart Post 274 at 899 Buttonwood Drive, Fort Myers Beach. Guest may choose between a fried fish/ shrimp/crab cakes/New England clam chowder dinner or baked chicken dinner. Harry Boyle plays from 7:30 to 10:30 p.m.

On Saturday, January 23, the pool league plays at 1 p.m. Queen of Hearts starts at 7 p.m. Choose either a prime rib or a baked fish dinner. Harry Boyle plays from 7:30 to 10:30 p.m.

On Sunday, January 24, a breakfast buffet is served from 8:30 to 11 a.m. Bingo runs from noon to 3 p.m. Karaoke is held from 6 to 10 p.m.

On Monday, January 25, pot roast dinner will be served.

On Tuesday, January 26, the choice is fettuccine Alfredo with 25 shrimp or a fried chicken dinner. Mega-Money is at 6:30 p.m. The Gregg Allan Van Show plays from 7 to 10 p.m.

Wednesday, January 27 marks the anniversary of the signing of the Paris Peace Accord ending the Vietnam War. Bingo is played from 6:30 to 9:30 p.m.

Thursday, January 28 is the anniversary that the cease-fire in Vietnam went into effect. A baby back ribs dinner will be served. The Classics play from 6 to 9 p.m.

Dinner is served nightly from 5 to 7 p.m.

On Sunday, January 31 from 8 am until noon, the American Legion Auxiliary Unit 274 is holding an outdoor flea market. Entry is free for shoppers and \$15 per space for vendors. Contact Judy Pitts, auxiliary president, at 466-6330 for further information about the flea market.

For more information about the American Legion, call 463-6591.举

Edison Festival Of Light Honorary Grand Marshal

he Edison Festival of Light and Goldstein, Buckley, Cechman, Rice & Purtz are proud to provide Southwest Florida with the opportunity to vote for one lucky person to receive recognition for all the good they do in the community by riding in the Edison Festival of Light Grand Parade as Honorary Grand Marshal on February 20

"We were impressed with the heartfelt nominations this year. It was a difficult task to narrow the list to just three," said program chairperson Zach Gill.

Nominated finalists are presented for community voting at www.edisonfestival. org. Nominees are local residents who:

1. Give back to our community on a regular basis



- Christina Penuel
- Alicia Schmidt
- Tim Smith
- Guy Tieman
- Daniel Venditti

Republican Women Federated February Dinner Meeting

ee Republican Women Federated will hold its February dinner meeting on Monday, February 8 at Pinchers at The Marina at Edison Ford, 2360 W. 1st Street in Fort Myers. The public is encouraged and welcome to attend. There will be

a 5:15 p.m. social with dinner and program to follow. February's program topic will be the 30th Birthday Celebration. Judy O'Donnell will share the club's 30-year history. Dena Stebbins DeCamp, president of the Florida Federation of Republican Women (FFRW), will be the keynote speaker. Cost is \$25 to attend. RSVP to: http://leerepublicanwomen. com/event/lrwf-february-dinner-meeting, call 270-210-1284 or email wrenspet@hotmail.com. The deadline for reservations is Thursday, February 4 at noon.



Dena Stebbins DeCamp

Dena Stebbins DeCamp was born in Chicago, Illinois and moved with her family to Polk County, Florida when she was 6

years old. A life-long Republican, she became more involved with politics after hearing Rush Limbaugh on the radio. In 2008 DeCamp served on the board of RWC Lakeland, Federated as 2nd vice president and became campaign headquarters volunteer coordinator. Her efforts for the presidential election that year won her the Volunteer of the Year Award from the Republican Women's Club.

In 2009, she became president and served the club for five years, finally terming out in 2013. In addition to serving the Republican Women, DeCamp became first vice chairman of the Republican Party of Polk County and served from 2008 to 2010. Staying active in Polk County, she sponsored three Tea Party rallies (2009-2011), was team leader for Marco Rubio for U.S. Senate, became chair for the Republican Party of Polk County Campaign Headquarters in 2010 and in 2009 became district representative for the FFRW, nominating committee chair in 2011 and member at large in 2012 and then promoted to second vice president.

In 2013, DeCamp was elected to first vice president of the FFRW. In 2010, she was hired by the Republican Party of Florida (RPOF) to manage the campaign headquarters, Romney for President. She not only managed the main headquarters but also three satellite offices throughout Polk County. This office was always one of the top three producing offices in phone calls and precinct walks in the state throughout the campaign, with Polk County voting for Governor Romney on election day.

In 2014, Governor Rick Scott presented DeCamp with the RPOF Volunteer of the Year Award. In 2015, she was elected president of the FFRW for 2016-17. DeCamp worked her way through Polk Community College and Florida Southern College while running three uniform stores in Lakeland from 1986 until closing the business in 2004 and opening a successful custom embroidery shop and an online store called Republican Shoppe. for more information, visit http://www.ffrw.net/dena-stebbinsdecamp/#sthash.2NBUx77W.dpuf.举

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Homeless Service Day

In an effort to provide the home-less and veteran populations in Lee County with access to essential goods and services, the Lee County Homeless Coalition will hold the 16th annual Homeless Service Day and Veterans Stand Down on Saturday, January 23.

The event will take place at City of Palms Stadium located at 2201 Edison Avenue, Fort Myers; from 8:45 a.m. until approximately 12 p.m. Services provided to anyone who is homeless will include provisions for food, hygiene kits, backpacks, flu shots, haircuts and information on VA benefits. Referrals for substance abuse and mental health counseling will also be available. During the event, the Lee County Homeless Coalition will conduct its Annual Homeless Census, which provides critical information on the scope of the homelessness in the community.

"A Stand Down is a military term used to describe a brief respite from combat where troops could access a variety of services," said Janet Bartos, executive director. "Our hope is to help homeless individuals get what they need by providing these services in a one-stop setting."

At no charge, the effort to provide these one-stop services in one day is a collaborative endeavor which includes a number of agencies and civic organizations committed to supporting the needs and services of the homeless. These organizations are:

- Mobile Unit for HIV testing
- Leathernecks
- Staywell

Yacht Club Dinner/Auction **Benefits AMIkids**

ulf Harbour Yacht Club & Country Club will host the 5th annual dinner & auction fundraiser in support of AMIkids Southwest Florida on Feb. 20 at Gauction fundraiser in support of AMIkids Southwest Florida on Feb. 20 at 6 p.m. The event offers silent auction packages, a live auction and a buffet dinner to guests. This will be the second year in a row that the event is open to the public. To RSVP, contact Donna Marie at 765-9696 or visit https://donate. amikids.org/amikids-southwest-florida-dinner--auction.

This is our largest fundraiser of the year," stated John Ingraham, immediate past president of the board of AMIkids Southwest Florida and Gulf Harbour Yacht Club member. "AMIkids Southwest Florida relies on these events and donations to continue to provide excellent educational and extracurricular programs to their students.'

The cost to attend the event is \$100 per person. Tables can also be purchased. Each table seats eight people. Gulf Harbour Yacht Club is located at 14500 Vista River Dr. in Fort Myers. For more information about AMIkids Southwest Florida, visit AMIkids.org or call Windye at 765-9696.☆



- Molina Healthcare
- Shoes, Socks, Shirts & Smiles
- Volunteers of America
- LeeSar
- Housing Authority City of Fort Myers • SalusCare
- VA
- Clean Skies
- Midwest Food Bank
- Love and Compassion Ministries
- Florida Rural Legal Services
- Goodwill Industries of SWFL
- Family Health Centers
- Keiser University
- Midwest Food Bank
- Lee County DHS
- American Legion
- Broadway Church of GodAll Soul's Church
- His Love Ministries
- FL Department of Health
- Jobes House
- Career Source of SWFL
- Lee County School District
 McGregor Clinic
 The Salvation Army

- Community CooperativeSt. Columbkille Catholic Church
- Gladiolus Food Pantry
- McGregor Baptist Church
- DCF Access

• Affordable Homeownership

- Foundation
 - Next Level Church
 - St. Martin de Porres
 - Hearts and Homes

To learn more about how you can help join the fight against homelessness, contact Janet Bartos at 322-6600. For more information on the Lee County Homeless Coalition, visit www.leehomeless.org.☆

Stakeholders Launch VOICE Of FMB

group of Fort Myers Beach business owners and community leaders have united to launch VOICE of FMB in response to the proposed Grand Resorts FMB development plan. In just one month, VOICE of FMB has more than 500 active members on Facebook, and an executive team of 15 stakeholders. The executive team invites the support and input from other Fort Myers Beach stakeholders.

"Everyone that lives, works and plays on Fort Myers Beach is a stakeholder, and deserves a voice in this matter," said Connie Ramos-Williams, spokesperson of VOICE of FMB.

The group advocates for responsible preservation and development of Fort Myers Beach. "Although that may sound like an oxymoron to some, the group welcomes new development, but wants to make sure future development is held to the same set of rules and comprehensive plan that the town has enforced over the years to preserve the architecture and integrity of the small island beach town," said Ramos-Williams.

The current land use plan is designed to protect the town of Fort Myers Beach and its residents from the scale and intensity of this type of development. VOICE of FMB believes it is in the town's best interest to adhere to the current plan.

VOICE of FMB has created a Facebook page that invites residents, business owners and tourists to voice their opinion, concerns or suggestions regarding the Grand Resorts FMB development project in an open forum. The VOICE of FMB Facebook page also shares up to date media coverage and public meeting notices to keep everyone informed. In addition to the Facebook page, the group launched the VOICEofFMB.com website for those that may not be on social media. The website provides basic information about the proposed Torgerson development project, town and county public meeting dates, and contact information for public officials so that stakeholders can reach out to officials directly to voice their opinions.

Some of the specific concerns VOICE of FMB has with the new proposed project is the ramifications of the seawall, the overall size and density of the project at the entrance to the beach, lack of up-to-date traffic studies to show the true impact of this project on traffic flow, cost of the project to taxpayers, and the uncertain future of Crescent Beach.

Another concern is how town council will go about handling requests for approvals and permits for the proposed development. The proposed plan does not adhere to the town of Fort Myers Beach's current comprehensive plan, so many wonder how Grand Resorts FMB has even gotten this far along in the process in the first place.

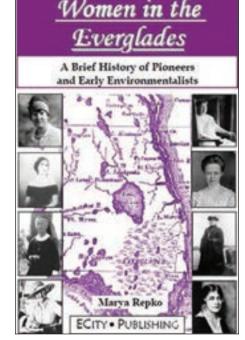
After Hurricane Charley, FEMA offered Best Western Fort Myers Beach a grant of \$630,000.00 to renovate the resort and relocate everything from the ground floor to a newly constructed sixth floor. It lost the FEMA grant when town council enforced the comprehensive plan's height restriction, preventing owners from building the 6th floor.

At the time, this was a decision that did not sit well with Paul Malbon, co-owner of Best Western Fort Myers Beach.

"My expectation is for town council to continue to enforce these same set of rules with Grand Resorts FMB and any future development," said Malbon. "Suddenly bending or updating the rules to accommodate the desires of Grand Resorts FMB is simply not acceptable."

The public meeting hosted by Torgerson on January 14 at Bay Oaks unveiled a slightly revised development plan, but it's the opinion of VOICE of FMB that the changes made are still not sufficient enough to meet current codes and rules set in the town's comprehensive plan.

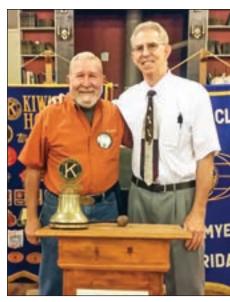
For more information about VOICE of FMB, visit wwwVOICEofFMB.com, www. facebook.com/VOICE-of-Fort-Myers-Beach or email info@VOICEofFMB.com.



From page 3 Pioneering Women

brave pioneers who lived on the fringes of the River of Grass, from Miami to Sanibel and parts inbetween.

For more information, visit www. ecity-publishing.com or call author Marya Repko at 695-2905.%



Guest speaker Gary Nelson, right, a representative of the Thomas Alva Edison Inventor's Fair.

Science Fair Was The Topic At Kiwanis Meeting

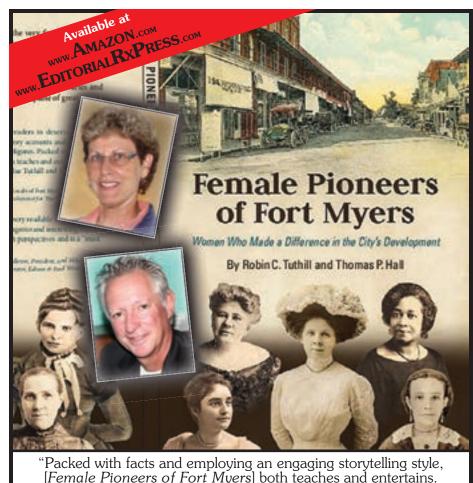
submitted by Pat Stevens

n January 6, the Fort Myers Kiwanis Club welcomed guest speaker Gary Nelson representing the Thomas Alva Edison Inventor's Fair. The inventors fair does more than give out prizes. Nelson explained that a total support package is offered to these very important young inventors. Mentoring is the name of the game and it includes instruction on what to do with an idea, what steps to take to develop it, protect it, pay for it and eventually share and profit from it. This planning program, provided by the leadership of the inventor's fair, aims to take young entrepreneurs from nervous participants to successful adults in anything they endeavor to do.

The Thomas Alva Edison Kiwanis Science and Engineering Fair along with the Inventors Fair is taking place this year at the Alico Arena on January 23. The projects and inventions are first judged and are then open to the public to view around 3 p.m. This is the beginning for our young participants as they go forward to their future endeavors. The public is welcome to attend and be inspired by the project that our middle and high school students are presenting.

The winners of these combined fairs will be honored at the regularly scheduled Fort Myers Kiwanis luncheon meeting on March 23. To attend this or any Wednesday meeting, contact Pat Stevens at 226-1556.^{*}

Our email address is press@riverweekly.com



[Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too." Gerri Reaves, PhD, author of Legendary Locals of Fort Myers and Fort Myers, Then & Now

Read us online at IslandSunNews.com

6 | THE RIVER - JANUARY 22, 2016 From page 1 Taste Of Pine Island



The Taste will feature food and craft vendors

will offer something for everyone with a wide variety of music. All the bands on the line-up are either from Pine Island or play regularly on the island, so they offer an authentic "taste" of Pine Island music.

The schedule for Saturday will be Cindy Walsh (11:15 a.m. to 12:15 p.m.), The Coast Connection Band (12:30 to 2:15 p.m.), The Freecoasters (2:30 to 4:15 p.m.) and Strange Arrangement (4:30 to 6 p.m.).

On Sunday the day begins with the Honey Creepers Band (11:15 to 1 p.m.), Brother Love Too and the Insiders (1:15 to 3 p.m.) and Pappy

HORTOONS



A crane drops brightly-colored fish from the sky for the Fish Drop Drawing Mellon's New Road Show (3:15 to 5

p.m.) The Taste of Pine Island is a familyfriendly event with children's activities



Strange Arrangement will perform on Saturday afternoon

and games. No coolers or pets are permitted. In conjunction with Taste of Pine Island, the 13th annual Southwest

Florida Chowder Cook-off Contest will take place Saturday and the 5th annual Chili Cook-off Contest will be held Sunday. The public will be able to sample and judge the entries.

The Fish Drop Drawing is scheduled for Sunday at 4 p.m. with a \$1,000 grand prize, \$500 second prize and \$250 third prize. Fish Drop tickets and Taste of Pine Island tickets may be purchased at the event or in advance at Century 21 Realty in St. James City and the Greater Pine Island Chamber of Commerce in Matlacha.

The Taste of Pine Island is the primary fundraiser for the Kiwanis

Club of Greater Pine Island Youth Scholarship Fund. This year the club hopes to raise over \$25,000 to assist Pine Island students with their higher education costs. Since 1985, the club has provided over \$250,000 in scholarships and has supported many projects and organizations that benefit the youth of the area.

The club is still seeking vendors. Those interested can e-mail Tim Saulsbery, at timsaulsbery@yahoo.com or call 910-2263.

The Kiwanis Club of Greater Pine Island is a community service organization that meets most Wednesday mornings at Bert's in Matlacha. For more information visit www.pikiwanis.com or call 910-2263.

HIARY HAD A FEW...

From page 3 Edison Festival Grand Marshal

2. Deserve credit for their good deeds but don't always receive it

3. Are an inspiration toward making our community a better place to live The deadline for voting is January 31.

Honorary Grand Marshal Finalists include:

• Deputy Michael Zazwirsky – Law Enforcement Officer of the Year

• Ben Simmons – Big Brothers/ Big Sisters board member and SCORE volunteer

• Gary Avin – Take Stock In Children Mentor of the Year

Help honor that special someone in Southwest Florida who truly makes a difference to our great community.

To learn more about the Edison Festival of Light, visit www.edisonfestival. org or call 334-2999.&

To advertise in The River Weekly News Call 415-7732

Volunteer Docents Needed At The Burroughs Home And Gardens

he Uncommon Friends Foundation is seeking volunteer docents to give historical guided tours at The Burroughs Home and Gardens located on the riverfront at 2505 First Street in downtown Fort Myers. Personable people who are passionate about history, architecture and/or storytelling with time to volunteer midday on Tuesdays, Wednesdays or Thursdays are a perfect fit. Full training is provided. Interested applicants should contact Tera Miller at 337-9505 or apply to Tera@ burroughshome.com.



The Burroughs Home

Officials Selected For Transportation Training Program

group comprised of community leaders and the Lee County MPO was one of only seven groups selected nationally by the nonprofit Transportation for America to participate in a first-of-its-kind, yearlong training academy for ambitious metro regions beginning to use performance measurement to better assess the impacts of transportation spending.

Lee County team members selected for the Transportation Leadership Academy include:

- Brian Hamman, Lee County Commissioner and MPO Chairman

- Marni Sawicki, Mayor of Cape Coral

- Janet Watermeier, Watermeier

Consulting and Property Services - Aaron Troyer, Troyer Brothers Farms - Dr. Margaret Banyan, Florida Gulf

- Dr. Margaret Barlyan, Pionda Gun University - Johnny Limbaugh, Lee County MPO

Other teams selected for the academy represent Boston, Cleveland, Des Moines, Indianapolis, Seattle and South Bend, Indiana.

"Our entire team is honored to be selected by Transportation for America for this first-ever transportation leadership program, particularly with groups from such a diverse cross-section of the country," said Hamman. "The knowledge this team will gain, and the national network we'll create with other forward-thinking leaders, will serve Lee County's transportation efforts well into the future."

Performance measurement – more carefully measuring the impacts of transportation spending decisions to ensure that every dollar is aligned with the public's goals and brings the greatest return possible for citizens – is an emerging practice that forward-looking metropolitan areas of all sizes are beginning to use.

The program, created by Transportation for America in partnership with the Federal Highway Administration, will educate teams of local business, civic, elected leaders and transportation



Brian Hamman

professionals at the early stages of performance measure development; prepare participants to act on opportunities within their communities; and plug them into a dynamic national network of like-minded leaders throughout the country.

"It's never easy to raise money to invest in transportation, and more than ever before, citizens want to know how the decisions are being made to spend their money," said Transportation for America Director James Corless. "A more accountable system that sets tangible goals with input from the community, chooses transportation projects that will help the community meet those goals, and then measures the outcomes in a feedback loop will be essential for ensuring that we get the best bang for the buck going forward."

The yearlong academy will consist of in-person workshops, ongoing technical assistance throughout the year, regular online training sessions and expert analysis of plans and progress on deploying performance measures.

For more information about the Lee County MPO, visit LeeMPO. com. Additional information about Transportation for America is available at T4America.org. Seasonal property tours of The Burroughs Home and Gardens are now being offered by reservation only on weekdays from 11 a.m. to noon. Reserved tours followed by a catered lunch are \$30 per adult. Tours without lunch are \$12 per adult and \$10 per senior. Free parking is available across the street at 2500 First Street. For advance tour reservations, call 337-9505.

The elegant Burroughs Home and Gardens is also available for weddings, receptions, private parties, and family gatherings with its new, open air Gale McBride Pavilion for up to 300 guests.

Pavilion for up to 300 guests. The 2.5 story, 6,000 square foot, turn-of-the-century, Georgian Colonial Revival home was originally built in 1901 by John T. Murphy, a Montana cattle rancher and later acquired by wealthy businessman Nelson Burroughs and his wife, Adeline, in 1918. It sits on 2.45 acres overlooking the Caloosahatchee River and features stained glass windows, a widow's walk, a sweeping veranda, and a winding, grand staircase. As one of the jewels of "millionaire's row," it was the scene of society events attended by the Edisons, Fords, Firestones, and other friends. For more information, visit www. burroughshome.com.

Volunteers are vital to the Uncommon Friends Foundation, as with most nonprofit organizations. From management assistance, to the cleaning crew, Holiday House helpers and docents, volunteers make it possible to keep the beautiful Burroughs Home and Gardens maintained, open and available for the enjoyment of the public.

The Uncommon Friends Foundation, a not-for-profit 501(c)(3) organization established in 1993, manages the historic Burroughs Home and Gardens and is dedicated to lifelong character building among today's youth and business leaders. For information, visit www.uncommonfriends.org or contact Executive Director Angela Melvin at angela@uncommonfriends.org.*

Bayside Estates Flea Market

Bayside Estates, located at 17601 San Carlos Boulevard in Fort Myers, will conduct a flea market at their clubhouse on Friday, February 5 from 8 a.m. to 2 p.m. and on Saturday, February 6 from 8 a.m. to noon.

Sponsored jointly by Bayside Socialites and Bayside Mens Club, appliances, furniture, tools, bikes, toys, seasonal, fresh fruits and veggies, clothing, collectibles, books, jewelry, baked good and consignment items will be offered. The kitchen will be serving coffee, donuts, hot dogs, chili, soda and water. A raffle with prize baskets and a flatscreen TV will be held. The Sewing Club will conduct a raffle featuring three quilt raffle.

Funds raised will go towards maintenance and upkeep of the 55-and-older community as well as charity endeavors the clubs work on throughout the year.

Parking is free, with handicap drop-off at the clubhouse's Stevens Avenue entrance.



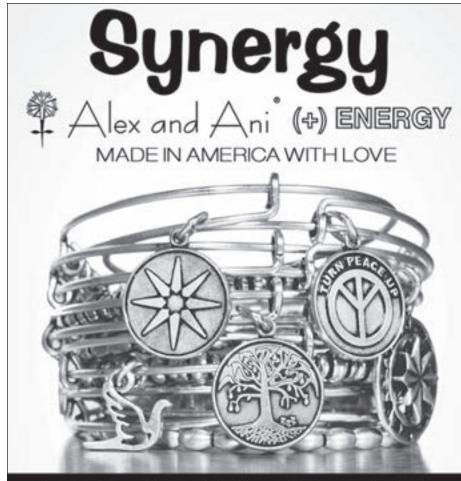


Fenway South Famers Market is open on Wednesdays until March 30. Lee county boasts nearly a dozen weekly farmers markets, three of which are open year round.

For the peak of the growing season. That means produce is at its ripest and tastes the best and is typically grown near where you live, not thousands of miles away or even in another country. In Southwest Florida, it also means fabulous fresh seafood, chemical-free and organic produce, fresh baked goods, native plants, local raw honey and all-natural products.

If access to healthy and delicious food isn't enough to draw you there, what about organic gardening classes, live entertainment, culinary demonstrations, art exhibits and kids' activities? The most important aspect of shopping at farmers markets is that it's fun for the entire family.

For example, every Saturday at GreenMarket at Lee County Alliance for the Arts, you may join registered yoga teacher Anna Withrow, owner of Yoga Bird, for free yoga sessions beneath the shade trees from 9:30 to 10:30 a.m. The sessions are suitable for all levels and beginners are welcome. Supervised children are also encouraged to join in. Bring a yoga mat, sunscreen and water. Registration is not required.



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Jean Baer holds a stalk of fresh Brussels sprouts at the Sanibel Island Farmers Market., which is open on Sundays through April 24

Here is a list of Lee county's weekly farmers markets**:** Wednesday

HealthPark Farmers Market, Village Shoppes at Health Park, 16200 Summerlin Road at the intersection of Bass Road, 10 a.m. to 3 p.m. (rain or shine). Local produce and citrus along with baked goods and other eatables. It is open year-round. Call 470-9007 or email healthparkfarmersmarket@gmail.com.

Fenway South Farmers Market, 11500 Fenway South Drive, Fort Myers in front of JetBlue Park, 9 a.m. to 1 p.m. Fresh local produce, cheeses, fresh pastas, seafood, baked breads, meats, herbs, organic vegetables, ready-to-eat meals, plants, flowers, crafts, soaps, candles and other items. Parking is free. It is open until March 30. Call 226-4783 or go to www.buylocalee.com.

Thursday

River District Farmers Market, under the U.S. 41 Caloosahatchee bridge, 7 a.m. to 1 p.m. Fruit, vegetables, local honey, bread, seafood, barbecue, flowers and plants. It is open year-round. Call 321-7100 or go to www.cityftmyers.com.

Friday

Lakes Park, 7330 Gladiolus Drive, Fort Myers, 9 a.m. to 1 p.m. Fruits, vegetables, breads, honey, soaps, jams and seafood. It is open through April 29. Call 533-7275 or go to www.buylocallee.com.

Marinatown Farmers Market, 3446 Marinatown Lane, North Fort Myers, off Hancock Bridge Parkway just west of U.S. 41, 9 a.m. to 1 p.m. Barbecue, crepes, Cuban food truck, jams, pickles, seafood, baked goods, pet treats, exotic mushrooms, crafts and special items. It is open through March 25. Go to www.buylocalee.com.

Fort Myers Beach Farmers Market, under the Matanzas Bridge between Second and Third streets, 7:30 to 11:30 a.m., rain or shine. Fruits and vegetables, flowers, seafood, baked goods, snack foods and plants. It is open to April 29. Call 765-0202 or go to www.fortmyersbeachfl.gov.

Saturday

GreenMarket at Alliance of the Arts, 10091 McGregor Boulevard near the Colonial intersection, 9 a.m. to 1 p.m. An exclusive selection of locally grown, caught and cultivated foods and other products available to sample and purchase. Live entertainment by local musicians and activities for kids. It is open year-round. Call 939-2787 or go to www.artinlee.org.

Florida SouthWestern State College, 8099 College Parkway, Fort Myers, 9 a.m. to 1 p.m. Fresh organic foods and baked goods, BBQ ribs and smoked chicken, healthy smoothies, locally caught seafood, international and domestic cheeses, gluten-free treats, meals to go, handcrafted jewelry, pottery, wood products, soaps, essential oils and glass-fused art. It is open to April 30. Call 489-9061 or go to www.buylocalee. com.

Cape Coral Farmers Market in Club Square, downtown Cape Coral, 8 a.m. to 1 p.m. Locally grown produce, native plants, fresh gulf seafood, live music/entertainment and informative community presentations. It is open to May 14. Call 549-6900 or go to www.capecoralfarmersmarket.com.

Sunday

Sanibel Island Farmers Market, 800 Dunlop Road (city hall, next to the library, 8 a.m. to 1 p.m. until April 24. Call Crystal Mansell at 472-3700.

FORT MYERS FARE Dining From Downtown's Historic River District To The Beaches

For more information, check out our advertisers in this week's *River Weekly*

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's bestselling mystery novels.

It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for ten years and its enduring popularity is testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



SS Hookers is the best catch for seafood, Southern and Cajun cookin' on the waterfront. Pictured is the restaurant's signature Muffuletta.

ISLAND COW

Where can you go when you're in the moooood for some great cook'in, local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel. Island Cow is an airy bistro with french doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches. 2163 Periwinkle Way, Sanibel. Call

472-0606.

SS HOOKERS

Get hooked on great cuisine and spirits at SS Hookers. The restaurant pays tribute to the rich history of Punta Rassa, the home of big game fishing. It serves American cuisine with a Cajun twist. Waterfront dining is available daily for breakfast, lunch and dinner.

After a triumphant day of fishing, bring your catch to the restaurant: "If you hook it, our chef will cook it."

A late night bar features live music nightly. A fresh seafood market, bait shop and gifts are also on site.

17501 Harbour Pointe Drive, Fort Myers. Call 466-5377.☆

To advertise in The River Weekly News Call 415-7732



Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA) 2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900.

www.allfaiths-uc.org ALL SAINTS BYZANTINE **RITE CATHOLIC CHURCH**

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of

Interstate 75. ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation. fl.goarch.org, 481-2099 BETH SHILOH

MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171 **BREAD OF LIFE MINISTRIES**

CHURCH OF GOD

16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m. CHABAD LUBAVITCH

OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@ chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and

Thursday 7 a.m. CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverendt Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978. Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: www.taecc.com COVENANT PRESBYTERIAN CHURCH 2439 McGregor Boulevard, 334-8937 Reverned Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m. CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m. CYPRESS LAKE UNITED **METHODIST CHURCH**

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD **OUTREACH MINISTRIES**

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to12 available. FAITH UNITED METHODIST CHURCH 15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is 1/2 mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel. FIRST CHURCH OF CHRIŚT, SCIENTIST 2390 West First Street, next door to Edison 2390 West First Street, next door to Edisor Estates. 10:30 a.m Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. christiansciencefortmyers.net, christianscience.com

FIRST CHURCH OF THE NAZARENE 13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m. FIRST UNITED METHODIST CHURCH Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers. org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group. FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION 5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15

a.m. FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m. IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services. JESUS THE WORKER

CATHOLIC CHURCH 881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m. KINGDOM LIFE CHURCH 2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service. LAMB OF GOD CHURCH A few federated Lutheran (ELCA) and

Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www. lambofgodchurch.net. Reverend Dr. James Reho. Šunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embargmail. com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts **NEW HOPE BAPTIST CHURCH OF FORT MYERS**

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study. NEW HOPE PRESENTERIAN CHURCH 3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship:10:30 a.m. www.

peacecommunitychurch.com. PEACE LUTHERAN CHURCH Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www. peaceftmyers.com, peace@peaceftmyers. com

REDEEMER LUTHERAN CHURCH 3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care. RIVER OF LIFE ASSEMBLY OF GOD 21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m Services; 11:30 a.m. Legacy Service, multi-generational. SAMUDRABADRA BUDDHIST CENTER

Meditation classes. Guided meditations, methods to relaxe body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www.MeditationInFortMyers.org. SAINT COLUMBKILLE

CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973 Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9,11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment.

ST. FRANCIS XAVIER CATHOLIC CHURCH

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m. SAINT JOHN THE APOSTLE METROPOLITAN COMMUNITY CHURCH 3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN CHURCH & SCHOOL (LCMS) 3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and

children Sunday at 9:15 a.m. SAINT PETER LUTHERAN CHURCH 3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com.

Sunday services at 8:30 and 10:30 a.m. SAINT NICHOLAS MONASTERY Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www. saintnicholasmonastery.org. ST. VINCENT DE PAUL

CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Šunday.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednsday Service 6 p.m. TEMPLE BETHEL SYNAGOGUE 16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. rabbi.barras@ templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday. **TEMPLE JUDEA (CONSERVATIVE)** 14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan:

Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org. THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. http://www. newchurchflorida.com. 481-5535. UNITARIAN UNIVERSALIST

CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org. UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www. unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness **WESTMINSTER PRESBYTERIAN** CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. www. westminsterfortmyers.org

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi **ZION LUTHERAN CHURCH**

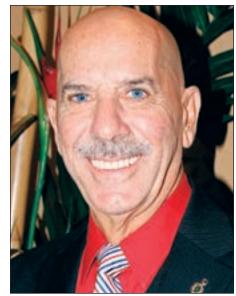
7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. www.zionfm.org.

Al Kinkle Receives Humanitarian Honor

ee Memorial Health System Foundation has named Al Kinkle of Fort Myers as the winner of the first annual Frank Haskell Humanitarian Award. Kinkle was honored at the foundation's Evening of Appreciation, on January 13, which hosted over 250 health system supporters at Lexington Country Club.

Kinkle was recognized for his many charitable activities directed toward helping patients at Lee Memorial including his current position as chairperson for Barbara's Friends – Golisano Children's Hospital Cancer Fund – and his role as past president of the Lee Memorial Auxiliary. The nominees said his leadership and unwavering commitment to the cause of health care has benefitted thousands of patients from all age groups and walks from improved access to vital medical services. Kinkle is a resident of Fort Myers and is the chief operating officer for Lexington Country Club.

"Al has done an outstanding job galvanizing philanthropic and volunteer support from across Southwest Florida and from the Lexington community in particular," said Skip Leonard, chief foundation officer. "His commitment to



Al Kinkle, chairperson of Barbara's Friends, received the first annual Frank Haskell Humanitarian Award for leadership in enhancing quality health care.

helping young cancer patients receive the care they need through Barbara's Friends is especially noteworthy. Add to that the significant role he played in enhancing patient care while serving as president of the Lee Memorial Auxiliary and you see why he is so deserving of this award."

Set to be an annual honor, the Frank Haskell Humanitarian Award recognizes outstanding leadership in the advance-



Skip Leonard, chief foundation officer, Lee Memorial Health System Foundation; award namesake Frank Haskell of Barbara's Friends; and Jim Nathan, president, Lee Memorial Health System at the award ceremony

ment of quality health care for the citizens of Southwest Florida. It is named in honor of Frank Haskell, co-founder, with his wife Betty, of Barbara's Friends. For the past 20 years, Haskell has worked to help local children fight cancer and lifethreatening blood disorders.

"We're truly fortunate to have the opportunity to honor Frank Haskell's ongoing support of young cancer patients by naming the award in his honor while at the same time recognizing Al Kinkle for his tremendous contributions to the healthcare landscape, "said Leonard. "We're pleased to publicly acknowledge the outstanding impact these two gentlemen have had on our community."



Tomas and Mina Edison in their later years From page 1

Hymn Sing

alleviate hunger and suffering in Lee County. The church has continued to support its ministry there by providing volunteers in The Soup Kitchen and delivering hot meals to home-bound seniors.

Galloway, who originated the hymn sing in 1989, said he wanted to do something to honor Mrs. Mina Edison during the Edison Festival celebration.

"We hear a great deal about the wonderful work of Thomas Alva Edison, but we don't do a lot to honor his wife who also volunteered a great deal of her time and talent to making Fort Myers what it is today. This hymn sing is a way to honor her good work too," Galloway said. This year's hymn sing will feature the First Presbyterian Sanctuary Choir and many other singers, including members of the Mastersingers, guest soloists, along with a piano-organ combination.

Mrs. Edison's Hymn Sing is the first of three hymn sings sponsored annually by the Galloway Family of Dealerships. The other two are First Celebrates Freedom in July and the Christmas Carol Sing in December. All three events benefit The Soup Kitchen of Community Cooperative.

For more information or directions to the church, call 334-2261 or visit www. fpcfortmyers.org. For more information about Community Cooperative, call 332-SOUP or visit www.ccmileecounty.com.



Stained glass window at First Presbyterian Church

FSW Big Band Concert At St. Peter Lutheran

The St. Peter Lutheran Church Concert Series will feature the FSW Big Band on Monday, February 1 at 7 p.m. The concert will feature an evening of stylings from the Big Band era with music from the '30s and '40s performed by the 20-piece group from Florida SouthWestern State College under the direction of Dr. Tom Smith. There is no admission charge but donations are welcome. St. Peter Luther Church is at3751 Estero Boulevard. For more information, call 463-4251.*

Vino's Picasso Begins Classes At The Estates

Join Vino's Picasso and your artisticminded friends and neighbors under the famous Mysore fig that sits along the Caloosahatchee on the Edison & Ford Winter Estates on Sunday, January 24 and Sunday, February 21 from 2 to 4 p.m. Each seat includes entry to the grounds, an all inclusive two-hour paint session with all painting materials and access to a bellini, mimosa, wine and beer cash bar (paid separately). Additional Vino's Picasso sessions will be held back at the Estates in March.

Vino's Picasso is not about fine art but fun art. They are a locally grown and locally owned paint studio comprised of an authentic co-op of local artists that work together to create fun paintings. At Vino's Picasso, creative people can drive their artistic expression with a great drink, good friends and fun, step-by-step instruction.

To register for one of these unique and fun classes, call 288-6953 or visit www. vinospicasso.com.茶

How Quickly Things Can Change



by Capt. Matt Mitchell

That a difference a week can make! After what had been a very mild winter with anglers experiencing spring-like fishing conditions,

within a period of just over a week multiple strong cold fronts passed through bringing heavy rain, wind and low temperatures in the 50s, totally changing everything out on the water. Water temperatures are now right at 60 degrees and we are in the full grip of a Florida winter with no short-term end in sight. With winter here, we might as well get used to it. There are still lots of fish to be caught its just a matter of changing your tactics and wearing a lot more clothes.

Plummeting water temperatures completely shut down the snook bite and the massive schools of easy-to-catch shiners we had on the bridges simply disappeared. Live shrimp quickly became the bait of choice this week and our target species changed to sheepshead, rat redfish, black drum and trout.

Sheepshead action really picked up with the cold; lots of sheepshead of all sizes can now be found from the passes all the way to the back country creeks. During really cold periods, chunks of fresh shrimp fished on a jig head caught more fish than any other set-up.

Deep water docks and creek mouths are some of my favorite places to target bigger sheepshead. Find barnacle-crusted structure which can be either pilings, blow-downs or shell bottom with good tide movement and the sheepshead will be there. The more well known sheepshead fishing areas around the passes are often very crowded so finding your own sheepshead honey hole is a must to stay out of the often crazy boat traffic.

Sheepshead are a little different to get on the hook than most of the fish we target. They have a small hard mouth and take a bait in little bites. When I first feel the little ding of a sheepshead bite I like

Send Us Your Fish Tales

he River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

CLEAR YOUR GEAR It Catches More Than Fish

Discard fishing



Paul Salassa from Philadelphia with one of five snook over 30 inches caught right before the cold front

to slowly start lifting the rod tip. If I don't feel the fish bend the rod, I slowly lower it, taking in the slack line, and let them continue to bite. If you do feel the rod tip bend while you're lifting the tip, the fish is holding the bait. Give them a quick short jab, driving the hook in their hard mouth. This two-part hook set seems to work better than any other method I have tried, although with sheepshead fishing it's all about feeling and anticipating the bite to

BOAT

be successful.

I like to downsize the gear when I'm shrimp fishing. My go-to rigs are 2500 and 3000 series spinning reels rigged with 10-pound braid and a 20# leader.

The cold water is very clear in the mangrove creeks and lighter leader certainly gets more bites than the usual 30 pound leader I use. Often sheepshead take a little while to begin to bite. Give a spot a little longer than you normally would. Once they do start to feed it can often be a bite every cast.

Despite the cold weather and less than perfect conditions, once you get tucked away in a favorite deep water, sheltered creek, fishing action can still be great. Although it's not the wide open snook bite we have been spoiled with until now, it's all part of our winter time fishing pattern. Many of these sheltered creeks are just stacked up with snook that just need a few warm days in a row to turn on and

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aoĺ.com.芬



crow case of the week: Double-Crested Cormorant



by Patricia Molloy

The cormorant is a legendary bird due to the fact that it has evolved into a sea bird that prefers freshwater fish. They rarely fly far from the shore, preferring inlets,

bays and large rivers. Despite spending much time in the water, they do not possess the waterproofing oil of other seabirds (enabling them to dive very deeply for fish) and spend much time drying their feathers, standing ashore or on pilings.

A double-crested cormorant arrived at CROW last week after being found down, depressed and underweight. It was determined that the seabird was suffering from Brevetoxin or BTX, a respiratory illness caused by ingesting the algae responsible for red tide. Prior to the cormorant's admission, several brown pelicans and a ruddy duck had been admitted with the same illness.

Red tide is an ancient, natural phenomenon caused by tiny, single-celled algae called *Gymnodinium breve*. There is an ongoing, heated debate among scientists about how much of an effect manmade pollution has had on the severity and frequency of these algal outbreaks.

Fortunately, red tide causes little more than respiratory and eye discomfort in most humans. As a matter of fact, there have been no reported illness or warnings issued for the current outbreak as it appears to be too mild to affect humans. Sadly, this is not the case with marine wildlife. Exposure to the algal bloom can be dangerous, and often fatal, to fish, sea turtles and birds.

During the early stages of care, toxicosis patients require daily tube feeding of Piscivore Care, a formula designed to meet the metabolic needs of critically ill fish-eating seabirds. They also require fluid injections under the skin to prevent dehydration and the administration of a liver detox with milk thistle to stimulate the liver into filtering out the toxins. Artificial tears and an antibiotic ointment are often applied to treat eye irritation, as some birds are so weak that they are unable to blink. Additionally, all sea-living patients require daily "tub time" to promote hydration and physical exercise.

Once patients are well enough to eat fish on their own and have regained most of their strength, they are moved outside to special enclosures that mimic their natural environments. It will take several weeks of intensive care before this cormorant is well enough for Dr. Heather to even consider moving it outside.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our



The double crested cormorant, patient #16-0149, having its morning tub time

local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.☆

Harry's Senior Moment Debuts At The Alliance

Harry's Senior Moment Improv Troupe, dedicated to inspiring people to live the best life they can no matter what their health circumstances, will debut with a free performance in the Fould's Theater at the Lee County Alliance for the Arts on Tuesday, January 26 at 8 p.m.

Harry Lichtcsien, the inspiration behind Harry's Senior Moment, is 82 years young, and has been "living" with colon cancer for some 10 years now. He wants to share the joy he has discovered doing improv with everyone through performances and workshops.

The idea came about last summer with the help of Harry's good friend, Bonnie Grossmann, who has been involved with palliative care marketing both nationally and locally for several years. She encouraged Harry to take improv classes as an outlet for the stress of dealing with cancer. And he did. This led to her helping him create this group.

"Before starting this group, I looked for research about the benefits of seniors doing improv. Of course, I knew about the well-documented benefits of laughter for everyone at every age... but I was surprised to discover that there is a growing body of evidence that improv helps



Harry Lichtcsien, right, with another troupe member

seniors retain mental acuity and improves their listening skills," said Bonnie. "What better place than Florida to offer this opportunity, where there are so many seniors and senior communities," she added.

Lichcsien wants to share this experience with others. "Being diagnosed with something like cancer can take its toll on one's energy and interest in doing anything," he said. "I needed a reason to get up in the morning and improv has become that reason. It makes me laugh and it makes me happy. I am so grateful for the support I've received from my new improv family."

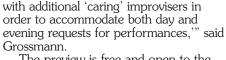
Harry's Senior Moment plans to offer both performances and workshops, and a combination of the two, so communities are inspired to start their own improv group. "We want to grow the troupe

Nature Walk With Bird Patrol Guide

There will be a nature walk with a bird patrol guide at Lakes Regional Park, 7330 Gladiolus Drive, on Saturday, February 6 at 8 a.m. Participants are asked to meet at Shelter A7 near the train station on the right of the park.

This easy walk along clear paths offers an opportunity to see birds in native vegetation with experienced bird patrol guides pointing out the many species in Lakes Park, a Lee County birding hot spot and crucial nesting area for many birds. Wear comfortable shoes and dress to be outside. Bring water, sunscreen and binoculars.

Forr more information, go to www. birdpatrol.org or call 533-7580 or



The preview is free and open to the public, but RSVP is required at www. artinlee.org/improv or call 939-2787 for more information.

The Alliance for the Arts is located at 10091 McGregor Boulevard just south of Colonial Boulevard in Fort Myers.



Little blue heron viewed at a recent bird patrol walk photo by Meg Rousher 533-7576.

This tour is provided in cooperation with Lee County Parks and Recreation. It is free with paid parking $\overset{}{\approx}$

by Gerri Reaves

oleus's (Coleus x hybridus) is a non-native groundcover valued for its colorful foliage.

There are more than 200 varieties of coleus, with leaves in a full array of colors and patterns, mostly in vibrant combinations of pink, green, bronze, yellow and red.

The most familiar coleus, perhaps, is one with maroon leaf centers and golden green edges.

The leaves are lance-like to rounded and velvety in texture, with soft-toothed edges that are sometime ruffled. Their thinness is one of the reasons the plant needs plenty of moisture.

The stalks usually grow one to two feet tall and are easily broken or cut.

Coleus is not an unequivocally low-maintenance plant, although newer varieties have been bred that endure South Florida's heat and are pest- and disease-resistant.

Some gardeners view coleus as a disposable plant and replace it each season.

Give coleus well-drained soil that contains some organic material and make sure that it doesn't dry out.



One of the many varieties of coleus

photo by Gerri Reaves

Go Birding at Bunche Beach

xperience the beautiful birds of Bunche Beach with a bird patrol aguide on Saturday, January 30 at 8 a.m. Participants are asked to meet on the beachfront. Bunche Beach is located in South Fort Myers off of Summerlin Road at the end of John Morris Road.

Bunche Beach is excellent for both migrant and resident waders and shore-

Some landscapers make the mistake of planting it in the hottest months. While it might do well in summer in more northern regions, many varieties of coleus soon wilt in the full sun of a subtropical summer.

Unless you're planting a heattolerant variety, put coleus in partial shade, especially in the summer.

Coleus is also cold sensitive, so protect it from cold snaps.

The plant can become leggy and require cutting back all too often.

It's advisable to pinch off the spikes of bluish flowers, since the plants tend to decline after flowering.

The watering, pinching, cutting back and replacement, along with its tendency to pest problems, explain why low-maintenance isn't the best description of the plant.

One nice thing about coleus, though, is how easily the cuttings root to make replacement plants, thus saving money.

Use coleus to create splashes of vivid color, as a border, or as contrasting background plant. It also makes a nice container plant or hanging basket.

Sources: Florida Gardener's Guide by Tom MacCubbin and Georgia B. Tasker, floridata.com, and gardeningsolutions.ifas.ufl.edu.

Plant Smart explores the diverse flora of South Florida.☆

Guided Hike Set At Pine Island Flatwoods

Lee County volunteer naturalist will lead a free mile-long nature Walk at Pine Island Flatwoods Preserve at 9 a.m. Saturday, Jan. 23. The Preserve is located at 6351 Stringfellow Rd., St. James City, FL 33956.

The 90-minute walk traverses a longleaf pine flatwoods that is home to gopher tortoises and bright orange pine lilies. This is one of the few locations in Lee County with naturalized longleaf



Pine Island Flatwoods Preserve is host to gopher tortoises

pines. No reservations are required and participants should dress for the weather and wear sturdy walking shoes. Call 707-8251 for more information.☆

birds working the mudflats at low tide due to the diversity of micro-invertebrates. You can view waterfowl, raptors and warblers.

This event is free with parking fee of \$2 per hour (tour is approx. 2 hrs). It is provided in cooperation with Lee County Parks and Recreation. No registration is necessary.

Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking

water, your curiosity and love of nature. For more information, go to www. birdpatrol.org or call 707-3015.

Email your editorial copy to: press@riverweekly.com

Adding Worms To Your Garden

The Edible Gardening Exchange's January meeting guest speaker will be Brad Ward, tropical agriculture specialist with ECHO, who will provide details on how to build and install a simple "worm tower" in our gardens.

ECHO has been experimenting with a method of using composting worms directly in the garden bed to both reduce labor and drastically increase soil health. Ward will share how it has impacted ECHO garden beds and discuss what it takes to maintain good garden soil health here in Southwest Florida.

Join other edible gardeners on Thursday, January 21 at 6:30 p.m. at the North Fort Myers Rec Center, located at 2000 N. Recreation Park Way in North Fort Myers. Arrive at 5:30 p.m. for an open and informal chat on edible topics. Consider bringing something to share with other gardeners (seeds, plants or a snack). Bring your own cup for free coffee and tea.

All fees are paid at the front desk. The membership fee for monthly meetings through March is \$10. A Lee Parks and Rec lifetime membership card is required, which costs \$10 per person.

For more information, contact Karen Harty at 610-530-8883.





Pure Florida recently took local educators and their children on complimentary cruises to preview its Marine Science Field Trips, a hands-on educational cruise experience for Pre-K through sixth grade students

Educators Take Cruise To Preview Marine Science Field Trips

Pure Florida's Fort Myers location recently took local educators and their children on two complimentary cruises to preview its Marine Science Field Trips, where passengers had the opportunity to gain firsthand experience of the educational field trip cruises provided by Pure Florida. Available from its Naples and Fort Myers locations, Pure Florida's Marine Science Field Trips feature a hands-on educational opportunity which incorporate coordinated life science curriculum for Pre-K through sixth grade students. The cruise showcases Southwest Florida ecosystems and the wildlife native to the area, and students have the opportunity to learn about healthy estuaries, the history of the Caloosahatchee River and healthy practices for clean water preservation.

Marine Science Field Trip options include approximately 1.5-hour and 2-hour educational cruises that allow children to work in groups to test the quality of local waterways for phosphate, nitrate, pH, salinity, turbidity and other water-related activities. Schools also have the opportunity to include engineering challenges, such as Float Your Boat and Submersibles for students to complete. All programming is coordinated with the Next Generation Florida Sunshine State Science Standards, and teachers will receive curriculum outlines with vocabulary and ideas for additional activities following



Pure Florida's Marine Science Field Trips offer a variety of group activities and challenges for students to complete while aboard a 1.5-hour or 2-hour educational cruise experience



Marine Science Field Trips with Pure Florida incorporate coordinated life science curriculum for Pre-K through sixth grade students, allowing students to work in groups to test the quality of local waterways

the field trip. Schools may also elect to have a Pure Florida educator visit the classroom in advance of the field trip through the Sea to Land Science in the Classroom program. This experience allows students to participate in science experiments prior to the cruise in order to review the scientific method and best practices so that students are excited and prepared for the field trip.

"We are pleased to have the opportunity to show local educators what our Marine Science Field Trips are all about, and get them excited about how this unique experience can benefit their students," said Lance Julian, co-founder of Pure Florida. "This educational cruise gives students the opportunity to make real-life connections with the concepts that are being taught in the classroom, and through these field trips we hope to encourage students to develop a deeper appreciation for the natural beauty of Southwest Florida."

Registration for the Marine Science Field Trips is \$15 per child and \$15 per adult chaperones with free admission for teachers. Groups are encouraged to bring lunch or select Pure Florida's preferred vendor, Jason's Deli, to cater their meals. Advanced registration is required for all marine science field trips out of Naples or Fort Myers. The M/V Double Sunshine departs from the historic Tin City, located at 1200 Fifth Avenue South in Naples and the M/V Edison Explorer departs from The Marina at Edison Ford, located at 2360 W. First Street in Fort Myers. For more information on Pure Florida and its cruises, visit www.PureFL.com.X

DEP To Hold Meetings For Input On Water Quality Assessments

The Florida Department of Environmental Protection has kicked off a series of five meetings around Florida to take public input on the draft assessment lists for the Group 3 basins. The meetings will be held in Sarasota, Palm Bay, Boynton Beach, Fort Myers and Panama City.

"Because our programs can't succeed without stakeholder cooperation and action, we are committed to taking advantage of local perspectives and priorities to better inform our watershed work plans," said Tom Frick, director of DEP's Division of Environmental Assessment and Restoration.

To restore and protect Florida's surface waters, the department collects water-quality data through its own monitoring programs and with the help of other agencies. The department uses this data to assess approximately 20 percent of Florida's watersheds each year to identify waterbodies that do not meet water-quality standards ("impaired waters"), which are then placed on a Verified List to guide restoration priorities. Other potentially impaired waters, where more data is needed, are listed for further investigation. The upcoming meetings will provide an opportunity for the department to present these assessment lists and findings for the Group 3 basins.

At the public meetings, department staff will explain the results of draft basinspecific assessments for waters in the Choctawhatchee – St. Andrews, Sarasota Bay – Peace – Myakka, Upper St. Johns, Lake Worth Lagoon – Palm Beach Coast and Caloosahatchee basins.

For each impaired waterbody or group of related waters, the department develops and adopts a scientifically derived restoration target, known as a Total Maximum Daily Load. Based on the target, a restoration plan is implemented to return the waterbody to health.

Visit www.dep.state.fl.us for more information.



A scene from Unnecessary Farce

Non-Stop Laughs At The Off Broadway Palm

The Off Broadway Palm Theatre is presenting Unnecessary Farce now through March 5. Written by Paul Slade Smith, this I comedy has audiences laughing from start to finish.

An embezzling mayor is set to meet his accountant in a motel room. Little does he know that two inexperienced cops have set up a sting and are in the adjoining room hoping to catch the meeting on video. The plan would go off without a hitch if one of the officers wasn't having a secret affair, if they could keep track of who's in what room, figure out how to work the surveillance equipment and if they could keep the accountant from taking off her clothes. Throw in a bagpipe-playing hitman, the mayor's nosey wife, a crooked security guard and you've got a recipe for non-stop laughter.

The Off Broadway Palm is an intimate 100-seat theater located in the main lobby of Broadway Palm Dinner Theatre. Performances are Tuesday through Sunday evenings with selected matinees. Tickets range from \$33 to \$53 with group discounts available for parties of 20 or more. Tickets can be reserved by calling 278-4422, by visiting www.BroadwayPalm.com or at the box office at 1380 Colonial Boulevard in Fort Myers.

The Screaming Orphans Return To The Alliance



The Screaming Orphans

The Rotary Club of Fort Myers is bringing The Screaming Orphans back to Fort Myers on Saturday, January 30 for an outdoor concert at the Alliance for the Arts. Comprised of four sisters from Ireland, The Screaming Orphans are known for their high-energy music that blends pop rock with traditional Irish music. The concert benefits the Rotary Trust Fund.

"There is a great tradition of music to be found in Irish homes especially in the Gaeltacht or Irish-speaking areas which have produced the likes of Clannad, Enya and Mairead, Micheal and Triona Ni Dhomhnaill," the band noted. "Our home was no exception. From we were young, we've been singing and playing traditional Irish music but when we hit our teenage years we knew it was time to start our own pop rock band."

Gates for the outdoor concert open at 6 p.m. Kilt the Messenger performs at 6:30 p.m. There will be a special performance by Abby Fletcher before the Screaming Orphans take the stage at 7:30 p.m.

Tickets are \$35 each. A tent, table for 8 including wine and family-style BBQ is available for \$1,500. Kids under 12 are free with an adult. Lawn chairs and blankets are encouraged; no coolers, please.

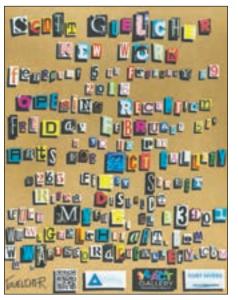
The concert is presented by The Rotary Club of Fort Myers and sponsored by The Dorcey Law Firm. Purchase tickets online at ArtInLee.org/Rotary or by calling 939-2787.

Guelcher To Show New Work At Arts for ACT



A rts for ACT Gallery will have an opening reception and art walk for its February featured artist Scott Guelcher's exhibit, New Work. This exhibit continues through February 29.

Guelcher's unique style of art has become well known in Southwest Florida. This blend of Pop Art Images and abstract backgrounds has attracted galleries to frequently display his artwork. He has received local and international recognition and he has received awards and grants including the 2008 Angels of the



Poster for Scott Guelcher's New Work exhibit, which opens February 5

Arts Award for Best New Artist and 2010 Soaring Eagles Award from the FGCU Alumni Association

Guelcher was the event chair for Art Royale 2008, the signature fundraiser for the Lee County Alliance of the Arts in



Front of postcard by Scott Guelcher

Fort Myers and currently teaches art at Island Coast High School.

He promoted some global subjects during his span as an artist, specifically a solo exhibition titled *Bikinis and Bombs*. This show was about the testing of the hydrogen bomb by the U.S. government conducted in the Marshall Islands on Bikini Atoll.

Guelcher graduated from Florida Gulf Coast University in 2005 and over the last decade plus, he has created a multitude of different artworks. He had nine solo exhibitions displaying various works from his *People, Places, & Things* series, had two three-man shows, and exhibited in over fifty group shows. He was chosen to create two pieces of public art for Florida Gulf Coast University in spring 2015. They are two statues of the Eagle mascot Azul, one in baseball uniform and one in graduation attire.

This exhibition will be all new work and the majority of the artwork in this show has not been publicly displayed before. This show was funded by the City of Fort Myers Arts and Culture Grant and sponsored by Southwest Florida Sustainability.

For more information about Guelcher, go to www.guelcherart.com or call 565-7210.

Arts for ACT Gallery is located at 2265 First Street in downtown Fort Myers. For more information, call 337-5050 or go to www.artsforactgallery. com.🌣

Shrimp Festival Queen Contestants, Expo Vendors, Parade Entrants Sought



Shrimp dinners are served all day on March 12 and until supplies run out on March 13

he Fort Myers Beach Lions Shrimp Festival is currently accepting Festival Queen Contestant applications for the 58th annual Queens Pageant. All contestants must be 16 to 20 years of age and single. The 2016 Queen and the Princesses will ride in the Shrimp Festival Parade on Saturday, March 12. The Queens Pageant will start at 1 p.m. at Lynn Hall Park. Other Queen's contest events will be held prior to the festival and will be announced by pageant chair Tracey Gore. Deadline to enter is January 31.

'We still have some room for vendors left, but more than 3/4ths of the spaces are filled," said Ted Clifton, expo chair.

The Shrimp Festival Parade, the island's largest, is also accepting entrants for the March 12 parade.



Queens pageant is on March 12

"Awards in many categories will be given after the parade as always, said Lions President Fred Schmeising. "As always, the participants seem to have even more fun than parade watchers and the crowds cheers make the parade even more fun."

The 58th Shrimp Festival logo T-shirts, tank tops, spa and golf shirts, caps, mugs,



shrimp dinner advance tickets and other items can be ordered and shipped online at the www.BeachLionsFoundation.com.

All applications can be downloaded at www.BeachShrimpFestival.com.

Each year for the past 58 years, 100 percent of festival profits are used for Fort Myers Beach Lions Charities. These include local eye exams, cataract and other sight-saving operations for those who can't afford them otherwise, providing glasses for local area people in need, Florida Lions Foundation for the Blind, Lions Clubs International Foundation, Conklin Center for the Blind, Southeast Guide Dogs, Lions Leader Dogs for the Blind, Fort Myers Beach Elementary School, Fort Myers Beach Library large print books and audio books, Beach Little League and soccer teams sponsorships, WGCU Radio Reading Service, Lee County CERT Program at Fort Myers Beach, Cypress Lake High School teams, food donation funds Harry Chapin Food Bank, Guide Dogs for the Deaf and other local eyesight cases.



18 | THE RIVER - JANUARY 22, 2016 Grampy's Charity Run At The Dunes Golf And Tennis Club



Collier County Care Mobile

A fter a stormy Friday, the sun broke through last Saturday for the 3rd annual Fun Run at The Dunes Golf and Tennis Club. Grampy's Charities, together with Ronald McDonald House Charities, raised \$50,000 to support the Care Mobile that will be operating in Lee, Hendry, Glades and Charlotte counties this spring.

Seventy participants helped in the fundraising effort. Sanibel businesses whose generosity helped make it a success were Sanibel Captiva Community Bank, Matzaluna Restaurant Jorn's Foods Sanibel Fire



set, go!

Captiva Community Bank, Matzaluna Restaurant, Jerry's Foods, Sanibel Fire Department, Doc Ford's, Lily & Co. Jewelers and The Dunes Golf and Tennis Club.

Grampy's Charities committee thanks everyone for their generosity.



Dave Essig, Jim Castel, Ronald McDonald and Steve Greenstein



Jim Castel, Ronald McDonald and Bob Risch



A youngster gets a moment with Ronald McDonald



Sanibel residents Jerry and Sharon Miller and their son Ben Miller pose with Ronald McDonald after finishing Robbie's Run



Josh Martinez, Ronald McDonald, Ian and Lisa Sands, and Ian's mother Ruth Callin

Mentors For Middle School Students Needed



Don O'Neill and Gerardo Lugo

anuary is National Mentoring Month, and signing up to be a mentor is a rewarding way to begin the new year. An adult mentor who spends only an hour a week with a mentee can dramatically change the life of a young

be used to help promote child safety in the community.



Jennifer Whitis and Sofia Villa

person.

The Immokalee Foundation is seeking mentors for middle school students who soon will be inducted into their Take Stock in Children scholarship program. Mentors are matched with seventh-grade students who officially enter the TIF program during an induction ceremony at Immokalee High School in April. During the event, the students pledge to maintain a minimum 2.5 GPA, exhibit good behavior, remain crime- and drug-free, and meet with their mentors once a week until they graduate from high school. In exchange, they each receive a scholarship



Joseph Zednik and Salvador Preciado

to a Florida college or university. A large part of TIF's Take Stock In Children students' success is the mentoring program; more than 80 mentors now share their time, talent and experience to encourage Immokalee students. These adults open up the world, making the future look so much brighter to their young mentees. As a result of TIF's programs and the involvement of caring mentors, 97 percent of TIF's students in the Take Stock in Children program graduate from high school, compared with 57 percent of all Immokalee High School students. Often, mentors find the



Louise Penta and Alejandro Arreguin

opportunity every bit as rewarding as the students.

The Immokalee Foundation provides a range of education programs that focus on building pathways to success through college and post-secondary preparation and support, mentoring and tutoring, opportunities for broadening experiences, and life skills development leading to economic independence.

To learn more about TIF, volunteering as a mentor or for additional information, call 430-9122 or visit www.immokaleefoundation.org.☆

Our email address is press@riverweekly.com



our attorneys to form a team and step out for the chili challenge". Any member of the bar, private practice or firm, can enter the chili challenge through Friday, February 12. Call Angeli Chin at 313-3995 or Christie Lee Garratt at 939-0900; or fill out your entry form at https://goo.gl/b2gsP7. You can also email Cgarratt@DellutriLawGroup.com.

The chili challenge includes a fun and interactive chili contest prepared by teams, where contestants are judged in front of their families, community and community leaders. There will also be a "People's Choice" category for spectators and participants to judge. In addition, there are opportunities for sponsorship and vendors at the event. The event will also have a kid zone, live entertainment, raffles, live demonstrations and more. This is a public event with an entrance fee of \$5 per person. With the cost of entrance, you will receive four voting tickets. Additional voting tickets can be purchase for \$1 each. Raffle tickets will also be sold for prizes.

After the 2016 chili challenge concludes, proceeds will be used to purchase bicycle helmets for children within the Lee County area. The goal this year is provide 500 children with approved bicycle safety helmets.

The Dellutri Law Group plans to make the chili challenge an annual event, in hopes that it can be the Southwest Florida Lawyers Helping Children Inc.'s major fundraiser. Sponsors and vendors are needed to help underwrite the cost of the event to allow more of the raised funds to benefit children in our community. Help support safety for our children, by joining in raising funds. Contact Chin at 313-3995 or email angeli. chin@me.com for sponsorship and vending information.☆

Pool **Beach Access** \$1,495,000



Isabella Rasi 239-246-4716

1101 Periwinkle Way #105 Sanibel, FL IsabellaRasi@aol.com





Pre-Season Predictions Look Good For Red Sox, Not So Good For Twins



by Ed Frank

ince you didn't win last week's \$1.6 billion Powerball lottery, and with the start of spring training just a month away, perhaps you might want to take your chances with the Las Vegas oddsmakers on the 2016 baseball season.

And this week, we're going tell you what two so-called baseball experts are predicting.

Fangraphs, a detailed, statistical-oriented think tank, says the Chicago Cubs will compile baseball's best record with a 95-67 mark. That's actually two games worse than last season when the Cubs went 97-65, yet finished third in the National League's Central Division.

If you're a baseball fan, you know that the Cubs have not won a World Series in 108 years, and haven't even made it to the Fall Classic in 71 years. That's the longest championship drought in professional sports.

Maybe predicting the Cubs will have the best record in the upcoming season is a weight on their backs they don't need.

Interestingly, Fangraphs also says the Boston Red Sox will win the American League's Eastern Division with baseball's second-best record, 92-70. This would be a big improvement over last season's 78-84 mark which resulted in a last-place AL East standing.

For you Red Sox fans, the following is Fangraphs projected AL East standings: Red Sox - 92-70

Yankees - 86-76 Blue Jays - 84-78 Rays - 82-80 Orioles - 78-84

Now to our other spring training home team, the Minnesota Twins.

You might recall that last year, the experts forecast a last-place finish for the Twins in the AL Central. Under rookie manager Paul Molitor, the Twins were one of the biggest surprises in baseball, competing for a playoff spot into the last weekend of the season

Minnesota's 83-79 record was a sharp reversal from the four previous seasons when they had lost 92 or more games. However, Fangraphs projects a sub-.500

Special Equestrians Taste Of Love

pecial Equestrians' annual culinary extravaganza, Taste of Love will be held on Sunday, March 6 from 5 to 9 p.m. at Wayne Wiles Floor Coverings, located at 16240 Tamiami Trail in Fort Myers. The event theme is Relax, Reflect, Refresh and will feature dishes from popular area restaurants and chefs, wine pairings, live and silent auctions and entertainment.

Celebrity auctioneer Jay Severson and emcee Jessica Stilwell Catti will oversee the evening's events. More than 400 attended the event in 2015, raising \$150,000 for the therapeutic horseback riding program. Tickets are \$100 per person and may be purchased online at www.specialequestians.net or by calling 851-7070 or emailing jtfifer@gmail.com.

All proceeds from Taste of Love will benefit Special Equestrians, a nonprofit organization dedicated to helping children and adults with disabilities by providing a structured therapeutic horseback riding program and equine assisted activities. The Special Equestrians therapeutic riding program has been awarded Premier Accredited Center status by the Professional Association of Therapeutic Horsemanship.

Sponsors include Florida Weekly, Palm Printing and Wayne Wiles Floorcoverings. Additional sponsorship and underwriting opportunities are available at www.specialequestrians.net or by calling Freda Jones at 565-3792 or flj@rbsc.net or Jan Fifer at 851-7070 or jtfifer@gmail.com.☆

Love Your Neighbor Chefs And Restaurants Announced

ove Your Neighbor, an annual event featuring Norman Love Confections and Mark Loren Designs, will be held on Tuesday, January 26 from 7 to 10 p.m. at the riverfront Gulf Harbour home of Sonja and Stephan Burkard. Guests will enjoy fine wine and spirits and an assortment of culinary creations from popular local restaurants including Black Salt Catering, Blu Sushi, Chef Andy Hyde, Cru, SS Hookers, Three Fishermen and The Timbers. Live and silent auction items will be offered and all proceeds will benefit the School Success programs for at-risk children in the Harlem Heights neighborhood. More than \$250,000 was raised at last year's event.

A pre-event VIP party will be held at the home of Cheryl and Dave Copham. VIP guests will enjoy hors d'oeuvres from Crave Culinaire and wines from Benovia Winery.

"Love Your Neighbor guests will have the opportunity to enjoy tastings from

record for them this year at 78-84 and last-place in the tough AL Central.

Indians - 84-78

White Sox – 81-81

- Tigers 79-83 Royals 79-83
- Twins 78-84

A less sophisticated outlook for the 2016 season was released recently by ESPN with a prediction that the Washington Nationals would be baseball's best with a 95-67 record

ESPN labeled the Red Sox for a post-season wildcard slot and second place in the AL East with an 86-76 record, two games behind the Orioles. What a difference: Fangraphs predicts last-place for the Orioles and ESPN first-place.

As for Minnesota, ESPN forecast a dismal 68-94 record, last in the AL Central. But like Fangraphs, they predicted a division title for Cleveland with a 90-72 record.

If prior years predictions by the experts mean anything, most are usually wrong and worthless. You can't predict injuries and trades before the season even starts.

And like the Powerball, the odds of picking a winner are slim at best. So best save your money.

Everblades Roll On With League's Second-Best Record

More than half-way though the 2015-16 hockey season, the Florida Everblades have the ECHL's second-best record at 28-17-0-1, having won six of their last seven games.

That record is the best in the Eastern Conference and second only to the Missouri Mavericks in the Western Conference.

Florida has won seven of eight overtime clashes, losing only a shootout January 9 at Greenville.

As the week began, forward Ryan Martindale had recorded at least one point in six of the last seven games.

The Everblades are home at Germain Arena tonight, Friday, against Orlando and next Friday and Saturday nights facing Greenville.

Share your community news with us. Call 415-7732, Fax: 415-7702 or email press@riverweekly.com

some of the area's finest restaurants and chefs," said Kathryn Kelly, president and CEO of The Heights Foundation. "Proceeds from this event will enable The Heights Foundation to continue to offer academic tutoring, after school and summer camp programs, scholarship access assistance, school supplies and tuition support to the children of Harlem Heights."

NBC-2 anchor Kellie Burns will emcee the event. Sponsors include The Fernandez Family Foundation, Connie and Ed Lizak, Stroemer & Company, Dinah Bloomhall, Michael Frye REMAX Realty Group, Owen Ames Kimball, Pamela Templeton Unlimited, Caroline and Bill Bloomhall, Cheryl and Dave Copham, Dorothy and Ron Fitzgerald, Linda and Owen Glantz, Elaine and Fred Hawkins, Li-Su and Sam Javedan, Kathy and Victor Mayeron, Sharyn and Gary Morgan, Vicki and Richard Pitbladdo, Andie and Don Vogt and Maria and Wayne Wiles.

Beverage sponsors include Opici Family Distributing, Republic National Distributing Company, Southern Wine & Spirits of Florida and The Lighthouse Resort & Tiki Bar.

Tickets are on sale for \$200 each and space is limited. Upgrades that include the exclusive pre-event VIP party are also available. Purchase tickets online at www. heightsfoundation.org/lyn or call Karen Lesza at 482-7706.

Free Guided Nature Walk

ome explore a mixture of natural plant communities and a beautiful manmade filter marsh with a volunteer naturalist and a Master Gardener at Powell Creek Preserve on Saturday, January 30 beginning at 9 a.m. Powell Creek Preserve is located at 15601 Hart Road in North Fort Myers.

The free 90-minute walk over a 1.1mile trail provides visitors with information about filter marshes and their role in improving water quality, as well as providing valuable habitat for wildlife. This is the only Conservation 20/20 guided walk at Powell Creek offered this year.



Hikers at Powell Creek Preserve

No reservations are required, and participants should dress for the weather and wear sturdy shoes. For more information, call 707-2206.举

School Smart



by Shelley M. Greggs, NCSP

D Shelley, My children have moved to a new, more inclusive elementary school and there are many children in their school with

handicaps. This is a relatively new experience for them and they are somewhat uncomfortable interacting with disabled students. How can I help them feel comfortable with their new classmates?

Heather,

Heather R., Cape Coral

Your children are not alone in their hesitation to interact with people who have disabilities. It can be a problem for many people of all ages. Fortunately, there are lots of ways that you as a parent can help your children gain a much better understanding of their disabled peers and also teach them how to be comfortable interacting with them.

Dr. Deborah Elbaum, MD, a volunteer with disability awareness program has some great suggestions for you. Make sure that your children have this basic information about disabilities.

• No two people are the same – some differences are just more noticeable.

• A disability is only one characteristic of a person. People have many facets: likes and dislikes, strengths and challenges.

• Children with disabilities are like all children in that they want friends, respect and to be included.

• Children can be born disabled or become disabled from an accident or illness. You can't "catch" a disability from someone else.

• Just because someone has a physical disability (when a part or parts of the body do not work well) does not mean they necessarily have a cognitive (or thinking) disability.

• Children with disabilities can do many of the things your child does, but it might take them longer. They may need assistance or adaptive equipment to help them.

• Try to use clear, respectful language when talking about someone with disabilities. For a younger child, keep explanations simple, such as, "She uses a wheelchair because a part of her body does not work as well as it could."

•Reinforce with your child that name calling – even if meant as a joke – is always unacceptable as it hurt's people's feelings.

Reading or learning about a disability is a great way to further understand a child's experiences. It may also help dispel any questions you or your child may have. Your local library and librarian can be a great resource for finding age-appropriate books and materials.

Read picture books with younger children and discuss them afterward.
Chapter books with characters who

have special needs are appropriate for

older readers. Ask your child about the book when he or she is done; maybe you'll be intrigued and read it yourself.

• Some audio-visual materials have positive portrayals of children with disabilities. *Sesame Street*, for example, routinely includes children with disabilities in their episodes.

• Websites with age-appropriate explanations and activities can be interesting and fun to explore.

Find out if your child's school offers any disability-awareness curriculum. These types of programs teach children about different disabilities, often through engaging activities and guest speakers. Consider volunteering if they need parent volunteers; it can be a wonderful experience for both you and the students.

Here are some helpful links for more information.

Kids' Quest, http://www.cdc.gov/ ncbddd/kids/index.html, National Center on Birth Defects and Developmental Disabilities

University of Wisconsin at Oshkosh bibliography on children's books about disabilities, http:// www.uwosh.edu/library/emc/bibliographies/emc-bibliographies/ disabilities-books-about

Indiana Institute on Disability and Community, Indiana University, Bloomington,

Kids' Corner, http://www.iidc.indiana. edu/cedir/kidsweb/Booknook/booknook. html.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and

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education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail. com. Not all questions submitted can be addressed through this publication.**

Goodwill Small Business Class

The Goodwill Southwest Florida MicroEnterprise Institute is seeking entrepreneurs for its upcoming class, to be held in Naples on January 25.

The institute is a training program to help emerging entrepreneurs start new ventures and grow small businesses. Graduates complete a business and management training course and work with mentors who are successful businesspersons.

"Through this program, nearly 200 of our graduates have gone into business, employing over 180 people," says Dorothy Browning, Goodwill MicroEnterprise representative. "This course is an opportunity for people to become independent."

The classes will be held on Monday and Thursday evenings from 6: to 9 p.m. and will cover topics including accounting to marketing, insurance and funding. After the completion of the course, eligible participants may apply for a microloan collateral guarantee from Goodwill.

To apply visit www.goodwillswfl.org/ microenterprise or call 995-2106 ext. 2219. The session is \$80; applicants who meet certain income guidelines are eligible to attend the course without cost.

Hooks Graduates

A llison Sarah Hooks of Fort Myers has graduated from the University of North Georgia with a Bachelor of Fine Arts in design and technology for theater.

The university's fall commencement ceremonies were held December 10 and 11 for more than 500 participants. In total, UNG conferred some 782 degrees for fall semester.莽

To advertise in The River Weekly News Call 415-7732

School Choice Matters For Florida's Families submitted by Andrew R. Campanella

hen it comes to K-12 education, America's parents want more choices.

In fact, almost two thirds of parents - 64 percent - say they wish they had more options for their children's education.

In a society where Americans choose practically everything, from the brands of coffee they drink in the morning to the types of cars they drive, it is understandable that parents are demanding more of a say in where they send their children to school.

Parents understand that with greater options come better results for their children. Every child is unique, with distinctive interests and learning styles. Moms and dads know that a school that might work for one student might not be a good fit for another.

In many states, Florida included, lawmakers have taken action to provide a more diverse variety of school choices for families.

From January 24-30, millions of Americans will raise awareness about the importance of school choice at an unprecedented 16,140 events – including 2,057 events in Florida. These events are planned to coincide with National School Choice Week, the largest celebration of opportunity in education in U.S. history.

For families in the Sunshine State, National School Choice Week provides a good opportunity to review the six different types of education options available to their children.

Floridians can choose traditional public schools for their kids, and the state allows parents, with some limitations, the ability to choose traditional public schools outside of their existing school zones. This process is called open enrollment, or public school choice.

The Sunshine State also allows for the creation of public charter schools, which are tuition free public schools that are given the freedom to be more innovative. Magnet schools, which focus on themes such as math, science, technology and the performing arts, also exist.

In addition, Florida is one of 41 states with a tuition-free online academy, allowing students to go to school entirely online.

Of course, parents in Florida can also send their children to private schools. The state offers assistance, either in the form of scholarships or tax deductions, to qualifying families.

Finally, parents have the freedom to educate their children in the home – and more parents are homeschooling their children than ever before.

Parents who are not happy with their

children's current schools, or would like to explore their options, should use January to consider the alternatives available to them. Families can use National School Choice Week as an opportunity to visit schools, ask lots of questions of teachers and administrators and talk with other parents to find a school that may be a better fit.

Starting the school search process in January, rather than waiting until summer break, means that parents have more options available to them.

Why is this process important? In addition to ensuring greater peace of mind, research has demonstrated that when parents actively choose the

schools their children attend, or choose to educate their children in the home, high school graduation rates increase dramatically.

A student with a high school diploma will, over the course of his or her life, earn more than a quarter million dollars more than a student who has dropped out. High school graduates are far less likely to be incarcerated, and are six times more likely to participate in community and civic affairs, than individuals without high school diplomas.

Most importantly, though. school choice matters because every child in America has potential. Today's students are tomorrow's leaders and togetherP we must do everything possible to prepare them for success.

Financial Focus Will The Presidential Election Affect Investment Outlook?



e're just a few weeks away from the first caucuses and primaries, so presidential election season is in full swing. As a voter, you may be keenly interested in the election pro-

cess. But as an investor, should you be concerned?

If you take a look back, you might be somewhat encouraged over the prospects of the financial markets this year. In the last 12 presidential election years, the Dow Jones Industrial Average has been up nine times and down just three. So, election years must be good for the financial markets, right?

Not necessarily. In every year, the markets are influenced by a variety of factors: interest rates, inflation, corporate profits, geopolitical events, economic growth and even the weather. And it's safe to say that 2016 will be no different. At this early stage of the year, one could say that some of these factors, such as continued low interest rates and a reasonably strong economy, might bode well for investors. But there's a lot of 2016 ahead of us – and it's notoriously difficult for anybody, even so-called experts, to accurately predict the market's performance over a relatively short time, such as a year.

Still, the market's history of pretty good results in presidential election years may not be entirely random. For one thing, the White House is never the only office being contested; elections are also held for every congressional district and many seats in the Senate. Consequently, during these election years, campaigning often takes precedence over legislating. This legislative inactivity tends to be welcomed by the financial markets, which generally dislike surprises, big changes and new directions.

However, you can't really count on past trends to provide a certain roadmap for the year ahead, in terms of the performance of the financial markets. As mentioned above, many factors influence this performance, and at this early stage in the year, we just can't predict which of these factors will take precedence.

So instead of worrying about things you can't control, focus on those that you can. For starters, review your investment mix. Does it still properly reflect your goals, risk tolerance and time horizon? Over time, even if you haven't made many changes to your portfolio, it can become "unbalanced." For example, if you own some stocks that have increased greatly in value over the years, these stocks may now be taking up a larger percentage of your holdings than you had intended, bringing with them a higher degree of risk. Consequently, you might want to consider selling off some of these stocks and using the proceeds to fill in other gaps in your portfolio.

On the other hand, if you think your mix of investments is not providing you with the returns you need to help make progress toward your long-term objectives, you may need to add some vehicles that can provide you with more growth potential. After all, it's 2016 now, so whatever your age, you are another year closer to retirement.

Will this year look like past presidential election years, as far as good returns from the stock market? No one can say for sure. But if you "vote" for smart investment moves, you won't be sorry.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.*

Co-op Agency Board Officers

ommunity Cooperative has announced it's 2016-2017 officers to serve for the coming year: Board President, Wayne Kirkwood, Kirkwood Electric Inc.; Board Vice President, Jordi Tejero, CRS Technology Consultants; Treasurer, Joe Catti, FineMark National Bank & Trust; and Secretary, Katie Haas, Boston Red Sox. The executive committee is serving a two-year term that started in January of 2016.

Community Cooperative is also pleased to share that Charlotte Miller of Florida Power & Light Company and Betsy Alderman of Northern Trust Bank have been elected to the nonprofit's board of directors.

"We are so fortunate to have Charlotte and Betsey join our Community Cooperative leadership team," said Galloway. "They both bring unique business perspectives and understanding of our community that will greatly benefit our agency."

Miller is an area external affairs manager of Florida Power & Light Company, the third-largest electric utility in the United States. Alderman is currently a wealth strategist and investment consultant for Northern Trust, a premier global wealth firm founded in 1889.

Community Cooperative is an innovative nonprofit 501(c) 3 organization made up of social service entrepreneurs fighting to end homelessness and hunger in the community. The agency provides more than 14,000 meals each month through its Community Cafés and Marketplace and Meals on Wheels programs. Community Cooperative offers homeless continued on page 24

Free Community Health Fairs Offered

Doctor and Dietitian The Importance Of Vitamin D



by Ross Hauser, MD and Marion Hauser, MS, RD

Vitamin D is getting more attention lately. That's good, because this vitamin is packed with health benefits. Many of us are familiar with Vitamin D's role in promoting healthy bones by aiding calcium absorption, but it has also been shown to lower the risk of high blood pressure, diabetes, heart attack, rheumatoid arthritis and multiple sclerosis. Vitamin D inhibits cancer growth and regulates the immune system. Taken in combination with daily fiber, Vitamin D reduces the risk of developing precancerous colon polyps.

This power-packed vitamin is produced by your skin in response to exposure to ultraviolet B from natural sunlight. The closer you are to the equator, the easier it is to get Vitamin D from the sun. However, if you live above 40 degrees north latitude, like our friends in Chicago, you won't make much Vitamin D in the winter. In Florida, you can produce Vitamin D most of the year.

An estimated 40 percent of the U.S. population is Vitamin D deficient. Remember, without enough vitamin D, your body cannot absorb calcium, and Vitamin D deficiency can lead to osteoporosis, especially as we age.

Just as Vitamin D can help prevent disease, a deficiency in this vitamin is linked to a spectrum of health conditions, including diabetes and various cancers. Muscles, nerves and the immune system all need Vitamin D to function well. Chronic Vitamin D deficiency cannot be reversed overnight, but takes months of supplementation and sunlight exposure to rebuild.

It is difficult to meet our Vitamin D needs through diet alone. Vitamin D-rich foods are not as common as you would think, which is why a lot of milks and juices are fortified with it. If you're not able to get enough safe sunlight exposure, consider a Vitamin D supplement.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.^{*} The Lee Memorial Health System Parish Nurse Program is teaming up with Right at Home In Home Care & Assistance and Shell Point Retirement Community to provide a series of free health fairs open to the public. With the help of sponsors, the Parish Nurse Program will provide wellness screenings to the Southwest Florida community at churches throughout the area.

The annual community wide health fairs will take place at the following locations:

January 29, 1 to 4 p.m., Sanibel Center 4 Life, 2401 Library Way, Sanibel
February 13, 9 a.m. to noon, First Christian Church, 2061 McGregor Boulevard,

Fort Myers
March 5, 9 a.m. to noon, Grace Methodist Church, 13 SE 21st Place, Cape

• March 5, 9 a.m. to noon, Grace Methodist Church, 13 SE 21st Place, Cape Coral

• March 18, 9 a.m. to noon, Grace Shores, 14036 Matanzas Drive, Fort Myers Door prizes and healthy snacks will be provided for participants. Free screenings by health care professionals include: memory screening, varicose veins, balance test, pulse oximeter readings, glucose, skin cancer, hearing, vision, BMI, blood pressure, and foot health. Various health care community resources will also be available, as well as information on advance directives. Lee Memorial Health System will offer Heart Report Card screenings at the Feb. and March health fairs. An appointment is required and fees apply. For more information, call 343-5292.

"We are truly blessed to be able to reach out into the community and address health issues and improve the quality of life for individuals who otherwise would not seek medical attention," said Nancy Roberts, manager of the Parish Nurse Program. "At every health fair, the screenings identify the need for immediate care in at least one or two people. Life-threatening conditions such as high blood pressure and heart disease often have no symptoms. These free screenings are saving lives."

The Parish Nurse Program is part of the Spiritual Services Department of Lee Memorial Health System. The Parish Nurse Program promotes holistic care of the body, mind, and spirit by addressing the spiritual and emotional needs of patients, families, employees, volunteers and faith communities. More information is available on the web at www.leememorial.org/spiritualservices, or by calling 343-5182.

Right at Home provides in-home care to seniors and others throughout Lee and Collier counties who need help maintaining their independence and a healthy lifestyle, and offers caregiving services for most any situation. For more information, call 949-1070, or visit www.rightathome.net.

Shell Point Retirement Community is a nonprofit continuing care retirement community, which offers independent retirement living, assisted living, and skilled nursing to its 2,400 residents in an active, resort-style environment. Lifestyle amenities include deep-water boating access with free dockage, a championship 18-hole golf course, and other recreational and educational activities. To learn more, visit www.shellpoint.org or call 1-800-780-1131.*

Five Effective Ways to Fight Cold And Flu



by Suzy Cohen, RPh

Dear Readers: I think I am a real germaphobe because I get very conscious when someone sitting next to me starts coughing, especially when they don't cover their mouth.

I'll let the first one slide but if it happens again, I am apt to leave or hand them a Kleenex. Cover it! Is it just me or are you that way too? If you feel like you're coming down with something, here are five considerations:

1. Oil of oregano is a super strong germ fighter. The essential oil of oregano is sold at health food stores and online in a little dropper bottle. Pour one or two drops in your own 'medicinal herb tea' (wink) and then drink it. It will not taste pleasant. You will probably curse me. But it's going to help you. Squeeze some lemon and honey into it. The key ingredients in oregano are carvacarol and thymol, both of which inhibit the growth of hundreds of microorganisms.

2. Probiotics should be taken daily for proper immunity, but when you feel

symptoms coming on, then of course I feel like you should at least double up on the dose. I am not afraid of taking probiotics throughout the day, I'm more afraid of feeling miserable and sick. High-quality probiotics will improve the quality and count of your healthy disease-fighting bacteria. Some strains will even induce IL-10-producing regulatory T cells which is a scientific way of saying they reduce inflammation, and can help immune function as well as inflammatory disorders of the gut like painful Crohn's.

3. FluNada is a natural over-thecounter spray that I squirt into my throat. You can (and should) spray this product into your nose because this is the point of entry for germs. FluNada contains a homeopathic blend of wintergreen, eucalyptus and elderberry essential oils. FluNada is sold at Walgreens if you need it right now, and if you're feeling like you're coming down with something, NOW is the time. This product was tested by two independent labs and found to be 99.9 percent effective against multiple cold and flu strains, including swine, bird and seasonal flu. FluNada provides nondrowsy relief from multiple symptoms, including runny or blocked nose, sore throat, cough and body aches and pains

4. If you keep rummaging around in my purse, you will find teabags of flavored green tea. It is common for me to ask the waitress at a restaurant for a little cup of hot water "because I have my own medicinal herbs." Sam affectionately scolded me once saying, "Do you realize we live in Colorado? She thinks your little continued on page 24

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I am a single woman – a retired career educator. My career was foremost so I never married, but I now realize how much I have missed.

After I retired, I was thrilled to be able to stay in my home and enjoy the many pleasures. But I now realize that this cannot go on too much longer and I must make a change, as I am completely on my own with no family.

I have interviewed many complexes

and have one very basic problem: I am terrified that I will not have the financial resources to see me to the end, and then I will be out on the street. What do I do then?

Ada

In today's economy, many singles and married people are having the same problem as you. Nobody knows for sure what is ahead.

Dear Ada,

I would suggest that you get all of the information you can about your financial position and seek the counsel of an experienced, older financial advisor; maybe she/he will have the answer for you.

So far as what you have "missed," many married women envy you. They would have loved having a career and all of the glamour in your life rather than a life of domesticity.

Lizzie

Dear Ada, What's to regret? What did you miss? You made a life for yourself as a single professional. You can make a life for

yourself as a retired single professional. Being married is not a requirement to participate in social activities and networking. Many single women (divorced or widowed) are enjoying rich social lives. The key is you need to take an active role in creating your social connections through church, senior centers, local parks and recreation programming.

Pryce Lizzie and Pryce's email address is momandmeaging@hotmail.com.*

FREE COMMUNITY TALKS ON STEM CELL THERAPY & PROLOTHERAPY

for relieving pain, sports injuries, and osteoarthritis...



Wednesday, February 3rd

10:30am-noon – with Ross Hauser, MD FineMark Bank and Trust - Pelican Bay 800 Laurel Oak Drive, Suite 101. Naples, FL 34108

Saturday, February 13th

12:30pm-2:00pm – with Ross Hauser, MD Norris Community Center 755 8th Ave South. Naples, FL 34102

Tuesday, February 16th

1:00pm-3:00pm – with Ross Hauser, MD & Nicholas Shirghio, AP, DOM Vinyards Country Club 400 Vineyards Blvd. Naples, FL 34119

PRESENTATION HIGHLIGHTS INCLUDE:

- How Joint Instability is the missing diagnosis In most pain cases
- Prolotherapy, Platelet Rich Plasma (PRP) and Stem Cell therapies for accelerated recovery from sports injuries, arthritis, and chronic pain.
- Common sports injuries: elbow injuries, back pain, labral tears, meniscus tears, and more.
- Why you may not have responded to certain pain treatments, including physical therapy and surgery.
- Why using ice for injuries is becoming a thing of the past.
- How cortisone injections can make you more susceptible to injury.
- Anti-inflammatory pain medications actually accelerate arthritis.
- Question and answer time with Dr. Hauser to get help with YOUR injury now!



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Fort Myers Task Force Reports To The Public

More than 170 arrests since September 2015, illegal firearms removed from the streets and stepped up efforts to eradicate violent crime in the City of Fort Myers are just three of the results thus far from the Fort Myers Task Force. That was the message January 8 at the first Mayor's Morning Menu: A Fort Myers Task Force Breakfast Briefing at Crowne Plaza in Fort Myers. The program was orchestrated by the Greater Fort Myers Chamber of Commerce and Crowne Plaza's General Manager Jim Larkin, who provided the complimentary meal.

Fort Myers City Council voted unanimously September 24, 2015 to support Mayor Randy Henderson and the City of Fort Myers' forming of the task force to look into what action can be taken to address violent crime in the City of Fort Myers and the entire Lee County region.

The Fort Myers Police Department, the Lee County Sheriff's Office and other state and federal organizations are providing a force multiplier, which has received robust acceptance. The joint task force consists primarily of two groups that had already been in operation – one from the sheriff's office and the other from the Fort Myers Police Department. But since September 2015, the officially organized unit has been operating as one entity and police offices have been deputized by the sheriff's office.

Fort Myers Interim Police Chief Dennis Eads and Lee County Sheriff Mike Scott presented information on the task force's law enforcement-related activities. Other members of the task force attending included City of Fort Myers, Interim City Manager Saeed



Dennis Eads, Randy Henderson and Mike Scott



Mayor Randy Henderson and media

Kazemi, a representative from the State Attorney's Office, and senior officials from the Florida Department of Law Enforcement, the Federal Bureau of Investigations and other law enforcement experts.

Eads encouraged the 200-plus crowd of mostly business people to stay safe and report anything that may become an issue.

He said, "If you see something, say something, or if there is some conflict

Activities At Art League Of Fort Myers

The Art League of Fort Myers is offering a full day workshop with your favorite medium titled Color Sparkle. The workshop will be held Thursday, January 28 from 10 a.m. to 3 p.m. at the art league. Cost is \$32 for members and \$40 for non-members. The instructor is Penny Fox. To register, call 275-3970.

There will also be a Fun with Watercolor class for four weeks for all levels of painters on February 9, 16, 23 and March 1 from 9 to 11:30 a.m. Cost is \$64 members, \$80 for non-members. The instructor is Maize Argondizza. To register, call 275-3970.

A juried show opening, titled Sweet on Art, will be exhibited during Art Walk on February 5 from 6 to 10 p.m. The show is open to all members of the Art Council of Southwest Florida. Entries must be received on January 30 from 1 to 3 p.m. First, second and third place winners will go to the Winners Circle. The exhibit will run from February 5 to 26 The Art League of Fort Myers is at 1451 Monroe Street.**

From page 23 dearPharmacist

medicinal herbs' are a different kind of GREEN tea!" The EGCG in green tea was shown in numerous studies including a 2005 Antiviral Research article to have antiviral effects by unraveling the viral membrane.

5. Vitamin D is a strong immune modulator and reduces susceptibility to all sorts of infections. And also, D controls the expression of more than 900 genes involved hundreds of physiological functions.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.* that you know about, say something before it happens. Call us and trust us."

Sheriff Scott said by and large the community is made up of good people, and criminal activity is the result of a small group who is responsible for creating the problems.

ating the problems. Mayor Henderson thanked the task force, city leaders, elected officials and others who are all on board in focusing on reducing crime.

"The task force is making a difference... let's do this together," he encouraged the guests. The citizens of Lee County, the City of Fort Myers and other cities should wake up every day feeling safe and live their lives."

Assisting the task force are multiple individuals and organizations, including Governor Rick Scott, U.S. Congressman Curt Clawson and multiple pastors from across the city and region.

The idea for the briefing came about recently after the mayor had talked to the chamber board of directors about the topic of crime and the task force's efforts. Crowne Plaza Hotel General Manager Jim Larkin offered the Crowne Plaza as a place where a larger number of community members could learn of the unit's activities.

Additional briefings are planned to be offered in the future in other locations, and the public will be notified.

Calendar Girls Surprise Navy Veteran



The Calendar Girls with Sam

The Calendar Girls were the surprise for Navy Veteran Sam as he celebrated his 90th birthday at Lake Fairways on Monday, January 11.

▲ The Calendar Girls would love to add a little sparkle to your next party. For more information, go to www.calendargirlsflorida.com or call Katherine at 850-6010.☆

From page 22 Board Officers

and comprehensive case management services through its Social & Education Resource Centers and oversees emergency mobile food pantries as well as Healthy School Pantries and Food Literacy in Preschool (FLIP) through its Growing Health Kids Programs.

A proud United Way partner, Community Cooperative serves Fort Myers and the greater Lee County area, including Bonita Springs, Cape Coral, Lehigh Acres and Fort Myers Beach. Community Cooperative works in close partnership with The Harry Chapin Food Bank and The School District of Lee County as well as collaborating with fellow community and service groups, churches, businesses and community support organizations.

For more information, call 332-7687 or visit www.CommunityCooperative.com.

ID YOU KN TRIVIA TEST

1. GEOGRAPHY: Which U.S. state lies east of Indiana?

- 2. MYTHOLOGY: In Roman mythology, Neptune is the equivalent of which Greek god?
- 3. COMICS: In what year did detective Dick Tracy make his debut in a comic strip?
- 4. HISTORY: How many presidents have served more than two terms of office?
- 5. MOVIES: What was the first Pixar film to receive a PG rating?
- 6. LITERATURE: Who wrote the children's book "Black Beauty"?
- 7. CHEMISTRY: What is the Periodic Table symbol for the element iron?
- 8. AD SLOGANS: What 1960s and '70s aftershave warned consumers to "be careful how you use it??
- 9. LANGUAGE: What is a ewer?
- 10.MEDICAL: What part of the body does Bell's palsy affect?

ANSWERS

Sewell 7. Fe 8. Hai Karate 9. A vase-shaped pitcher or jug 10. The face. 1. I. Ohio 2. Poseidon 3. 1931 4. One -- Franklin D. Roosevelt 5. "The Incredibles" 6. Anna

My Stars ★★★★

FOR WEEK OF JANUARY 25, 2016

ARIES (March 21 to April 19) Single Lambs looking for romance could find Cupid especially accommodating this week. Paired partners also find their relationships benefiting from the chubby cherub's attention.

TAURUS (April 20 to May 20) Keep your keen Bull's eye focused on your target, and shake off any attempt to turn your attention elsewhere. You should get some news later in the week that might answer some questions.

GEMINI (May 21 to June 20) Your early enthusiasm for a project might have been somewhat premature. Although you feel positive about it, you might need more information in order to make an informed decision

CANCER (June 21 to July 22) Taking on a new responsibility might seem like the politically correct thing to do. But even with the promise of support, was it the wisest? Consider reassessing your upcoming decision

LEO (July 23 to August 22) Apply yourself to completing your task despite all the distractions that might be interfering with your work. Then reward yourself with a weekend of fun shared with people who are close to you.

VIRGO (August 23 to September 22) A business agreement from the past might need to be looked at again. Use this unexpected development to check out other matters related to it. A weekend venture proves to be rewarding.

LIBRA (September 23 to October 22) Don't ignore that uneasy feeling about making a commitment. It could be a case of understandably cold feet, or a warning that something isn't as right as it should be.

SCORPIO (October 23 to November 21) A colleague could be more supporting of one of your efforts. But it's up to you to make the case for it, and that could mean opening up a secret or two, which might be a problem for you.

SAGITTARIUS (November 22 to December 21) Expect some good news about a relative you've been worried about. But don't expect the full story to be told -- at least not yet. A workplace matter might face shifting priorities

CAPRICORN (December 22 to January 19) Despite some anxious moments, you could have good reason to be pleased with

how things are turning out. An end-ofthe-week call might hold some interesting information

AQUARIUS (January 20 to February 18) A long-overdue expression of appreciation could be offered soon. But admit it: You never really expected it would happen, right? Meanwhile, keep your weekend options open

PISCES (February 19 to March 20) It's a good time to dive right into a new challenge, whether it's learning a computer app, or how to drive a stick shift, or making a new friend. Whatever it is, good luck. BORN THIS WEEK: You see the

wisdom in honesty, and you help others appreciate your vision.

THIS WEEK IN HISTORY

• On Jan. 26, 1500, Spanish explorer Vicente Yanez Pinzon, who had commanded the Nina during Christopher Columbus' first expedition to the New World, sights the coast of Brazil during a voyage under his command, the first European explorer to do so.

• On Jan. 25, 1759, Scottish poet Robert Burns is born. The day is still celebrated by Burns fans with high-spirited "Robert Burns Night" feasts, featuring haggis and other Scottish delicacies, as well as enthusiastic drinking, toasting and speechmaking.

• On Jan. 29, 1936, in Cooperstown, New York, the Baseball Hall of Fame elects its first members: Ty Cobb, Babe Ruth, Honus Wagner, Christy Matthewson and Walter Johnson. Today it has elected 278 individuals, including 225 players, 17 managers, eight umpires and 28 executives and pioneers.

• On Jan. 30, 1948, Mohandas Gandhi, the world's chief advocate of non-violence, is assassinated in New Delhi, India. Assassin Nathuram Godse was hanged in 1949 against the wishes of Gandhi's sons, who argued that the execution stood against everything Gandhi believed in.

• On Jan. 31, 1950, President Harry Truman publicly announces his decision to support development of the hydrogen bomb. The discovery of a Soviet spy in the U.S. nuclear program forced Truman to approve massive funding to build the world's first "superbomb."

• On Jan. 27, 1965, the Shelby Mustang GT 350 is launched. The Shelby, a Mustang modified for racing, featured a 306 horsepower V-8 engine and today is a valuable collector car.

SPORTS

- 1. Detroit Tiger pitchers set an A.L. record in 2015 for most consecutive shutout innings to start a season (24). Who had held the mark?
- 2. How many times has a San Diego Padres pitcher struck out 250 or more batters in a season?
- Quarterback Boomer Esiason ranks No. 3 on the University of Maryland's list for career passing yards (6,259). Who are No. 1 and No. 2?
- 4. Who is the Phoenix Suns' career leader in steals?
- 5. Between 1990 and 1999, seven different teams won the Presidents' Trophy for the best regular-season NHL record. Name five of them.
- 6. How many consecutive years did an Audi win the 24 Hours of Le Mans before Porsche won the race in 2015?
- Of the 14 times tennis stars Serena and Venus Williams have faced each other in a grand slam singles match, how many times has Serena won?

ANSWERS

the New York Rangers (twice) and Pittsburgh. 6. A five-year stretch. 7. Nine. Center Alvan Adams, with 1,289. 5. Boston, Chicago, Colorado, Dallas (twice), Detroit (twice), Brown struck out 257 batters in 1998. 3. Scott Milanovich (7,301) and Chris Turner (6,543). 4. 1. The Chicago White Sox tossed 22 shutout innings to start the 1947 season. 2. Once -- Kevin

• On Jan. 28, 1973, a cease-fire goes into effect in Saigon, Vietnam, but military operations quickly resumed after each side claimed the other had violated the truce. What resulted was an almost endless chain of retaliations, averaging 2,980 combat incidents per month.

STRANGE BUT TRUE

• It was 20th-century British journalist, travel writer and literary critic Dame Rebecca West who made the following sage observation: "I myself have never been able to find out precisely what feminism is: I only know that people call me a feminist whenever I express sentiments that differentiate me from a doormat.'

• The infamous Ouija board may be surrounded by controversy, but the origin of its name is not mysterious; the creators simply combined the French word for "yes" -- "oui" -- with the German affirmative --''ja.'

• Everybody is afraid of something, right? And whatever the fear, there's doubtless a name for it. For example, erythrophones are afraid of blushing, peccatophobes are afraid of sinning, and aichmophobes are afraid of needles. If you're afraid of going insane, you're lyssophobic; if it's disease that frightens you, you're nosophobic; cremnophobia is a fear or precipices. There's even a word to describe the fear of peanut butter sticking to the roof of your mouth: arachibutyrophobia. And finally, you may at this point be suffering from sesquipedalophobia -- the fear of long words.

• Located in the Sierras at 8,000 feet above sea level, the town of Bodie was once the second-biggest city in California. These days, it's deserted for most of the year, but every summer more than 200,000 people travel to the upper altitudes just to see the slowly decaying town, hoping to catch a glimpse of one of the ghosts that reputedly inhabit every crumbling building that remains.

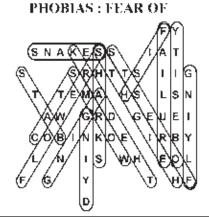
• Alcoholic beverages are pretty widespread across cultures. There's even a recipe for Eskimo wine: "Put a seagull in a bottle. Fill with water. Let it ferment in the sun.'

THOUGHT FOR THE DAY

"We're in the same tent as the clowns and the freaks -- that's show business." --Edward R. Murrow

PUZZLE ANSWERS

MATE SPAN Λ΄ Ο Η Ι Ε Υ΄ Α AGHIESI PERRY HLATON WHATSHOULDONE ARSAL SIIH C P S A B 0 1 E R M I 1 E S ABHIM IR A 1 A M TILEACHIUDRE NSNOVE CAGE G M V AEL REDD TΩ A B O U I A G U Y WHOI MOOR INGS AEON ALOT GPA KA ROSETTANORN EARLOBE ENERGEFRAJDANOWE AVES ΌΒ ĽΕ E F F t I N D E TSA COMPTEXNE WORKCF т ABSENTE C 1 LOCATES H A B ATANS. OOSES NME ιυ ENTENTE ИСВЕD DESEXED F В S F A M L L Т А Т 0 RE O E 0 G R 0 R Е CL EARO R EA M U | T М К UΤ AG A E 0 P Ε S S Е Т G L S O Ρ А M EAN ĩ S υľ я к TIOIM Ρ s A DRAGO MOS U]T ES Е R L 0 Х Н D 0 Ζ но R L 0 U|T R Е V EOUT A U R А L S ANE S IL L N O DDS LAY NE S S





Curry Spiced Mackerel with Oven Roasted Carrots

4 to 6 seven-ounce mackerel fillets ¹/₄ cup plain vogurt 1 teaspoon curry powder Kosher salt, to taste Fresh ground pepper, to taste 1 pound carrots, peeled and sliced into sticks

1 yellow bell pepper, sliced

1 red bell pepper, sliced 4 cloves garlic, minced

2 tablespoons olive oil

2 tablespoons fresh parsley, chopped Preheat oven to 375 degrees F. In a bowl, mix carrots, peppers, garlic and 1 tablespoon olive oil. Season with salt and pepper to taste. Place carrot mixture on a sheet pan and place in the oven. Cook for 12 to 15 minutes or until golden brown and crisp tender. Evenly coat mackerel fillets with yogurt and season with curry powder. Lightly season with salt and pepper.

Preheat a medium sized sauté pan over medium high heat. Place coated and seasoned fillets in pan with 1 tablespoon of olive oil. Cook fillets until golden brown and cooked throughout. Serve fillets over oven roasted carrots.

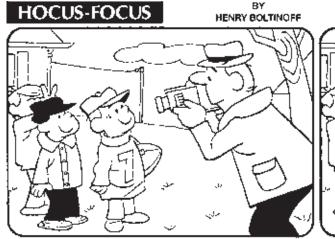
Yields four to six servings.☆



Curry Spiced Mackerel with Oven Roasted Carrots

Read us online at IslandSunNews.com





FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Cicitresinne is missing. 2. Button strip is missing. 3. Number is differenc. 4. Hat is different. 5. Cotter is different. 6. Pocket is missing.



sometime next week."

Unscramble the letters wi	BLERS (thin each rectangle to form four ordinary words. Then ers to form the mystery word, which will complete the gag!
Dainty GALFRIE	
Polite RUEBAN	
Hearty TOUTS	
GUNMATE	
	TODAY'S WORD
	rearrange the boxed lett Dainty GALFRIE Polite RUEBAN Hearty TOUTS Boost

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PUZZLE ANSWERS

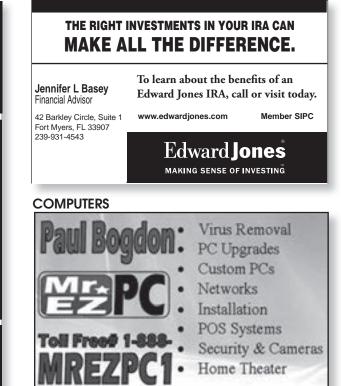
SUDOKU

9	6	4	8	1	2	3	7	5
2	3	5	9	7	6	8	4	1
7	8	1	4	5	3	9	2	6
1	7	3	5	6	9	2	8	4
8	9	2	7	4	1	6	5	3
5	4	6	2	3	8	1	9	7
4	1	9	6	2	5	7	3	8
6	5	8	3	9	7	4	1	2
3	2	7	1	8	4	5	6	9

WINDOWS & CLOSETS



FINANCIAL SERVICES





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Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Siesta Isles	Fort Myers Beach	2009	9,662	\$4,200,000	\$4,200,000	38
Cases	Fort Myers Beach	1951	1,020	\$1,995,000	\$1,860,000	45
Joses Hideaway	Captiva	1986	2,739	\$2,200,000	\$1,800,000	0
Bellagio At The Colony	Bonita Springs	2008	4,591	\$1,749,000	\$1,725,000	0
Palmetto Point	Fort Myers	1979	4,867	\$1,595,000	\$1,365,000	299
Creekside	Bonita Springs	1998	3,518	\$1,359,000	\$1,225,000	291
Las Palmas	Bonita Springs	2004	2,909	\$1,125,000	\$1,125,000	14
Jose's Hideaway	Captiva	1981	3,000	\$1,230,000	\$1,070,000	160
Sanibel Isles	Sanibel	1974	2,629	\$740,000	\$976,500	11
Cape Coral	Cape Coral	2006	3,878	\$957,000	\$900,000	134

Courtesy of Royal Shell Real Estate

*** * * PLACE CLASSIFIED - online at - www.IslandSunNews.com**

	6		8					5	
2				7	6		4		
		1		5		9			
		3			9	2		4	
8			7				5		
	4			3		1			
	1	9			5	7			
	5		3					2	
3				8			6		

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week

My name is Lucy and I love people. I think I am a tiny lap dog. I want to be right next to you for extra hugs and kisses. I am fine with other dogs and cats. I love to go for walks and take afternoon naps. Unfortunately, I lost my sight, but can get around like every other dog. I am in my foster home until I find my "fur-ever" home. Please consider me for your family. If you are interested in meeting me, send an email to kennel@leegov.com. My adoption fee is \$25 for pets six years and older;

They call me Tear Drop. I'm handsome, smart, playful and loving. I'd make a great addition to your family. Please consider taking one of my friends home too so I'll have a companion. All cats are two for one. My adoption fee is \$30 (regularly \$75) during Animal Services Yappy New Year adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.☆



Lucy ID# 514257



Tear Drop ID# 648672

	WEEKLY NEWS	
Emergency	TROW THE BEACHES SO DEMONSTORY FORT ANTERS	911
Lee County Sh	neriff's Office	477-1200
Florida Marine	e Patrol	332-6966
Florida Highwa	ay Patrol	278-7100
Poison Contro HealthPark M	ledical Center	936-5321
Ft. Mvers Chai	mber of Commerce	332-3624
Foundation for	r Quality Childcare	425-2685
Fort Myers Bea	ach Chamber of Commerce	454-7500
Fort Myers Bea	ach Library	463-9691
Lakes Regiona	al Library	031-0031
Post Office		-275-8777
Visitor & Conv	rention Bureau	338-3500
ARTS		
	e Arts	
Arts For ACT C	Gallery & Studio	337-5050
Barbara B Ma	Fort Myers	481-4849
Broadway Palr	m Dinner Theatre	278-4422
Cultural Park 1	Theatre	772-5862
	al of Light	
	tory Theatre at the Arcade	
Fort Myers Svi	Arts	288-2535
Gulf Coast Svr	mphony	489-1800
Harmony Chor	mphony	481-8059
Naples Philhar	rmonic	9-597-1111
The Schoolhou	use Theater	472-6862
	/mphony	
Young Artists	biracy	574-9321
CLUBS & OR	GANIZATIONS	
Angel Flight		N-ANGEL
Animal Refuge	e Center	731-3535
	iness Women Association	
	WFL	
	ee Chapter DAR	
Caloosahatche	ee Folk Society	321-4620
Cape Chorale	Barbershop Chorus	-425-3631
Cape Coral Sta	amp Club	542-9153
duPont Compa	any Retirees	454-1083
Edison Porceia	ain Artists	
Embroiderers	Guild of America - Sea Grape Chapter239	-267-1990
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BEACH CHAIR PASTIME

answers on page 25

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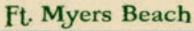
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Dying	Flying	Sharks	



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Sanibel Island



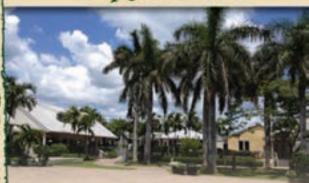
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